

Examining Critical Mental Health Issues Across the Reproductive Life Cycle. A Webinar

October 23, 2024 | 1:00-2:30pm ET

SPEAKER BIOSKETCHES (in alphabetical order)

Event webpage: https://www.nationalacademies.org/event/43874_10-2024_examining-critical-mental-health-issues-across-the-reproductive-life-cycle-a-webinar



M. ANTONIA BIGGS, PhD, is a Professor and social psychologist at UCSF's Advancing New Standard in Reproductive Health (ANSIRH) Program. Dr. Biggs' research is dedicated towards better understanding the challenges faced by people wanting to access sexual and reproductive health services and the psychological consequences of denying people wanted care. Dr. Biggs is leading a study examining the changes in psychosocial burden experienced by people accessing abortion care since the removal of federal protections on abortion, as well as a national study assessing changes in interest in alternative models of medication abortion provision, prevalence of self-managed abortion, and people's attitudes towards criminalizing self-managed abortion. Her work aims to inform clinical

and public policies that will improve care and ensure bodily autonomy and well-being. Dr. Biggs holds a B.A. in Psychology from the University of Wisconsin, Madison, and an M.A. and Ph.D. in Psychology from Boston University.



INGER BURNETT-ZEIGLER, PhD, is a licensed clinical psychologist and Associate professor in the Department of Psychiatry and Behavioral Sciences at the Feinberg School of Medicine at Northwestern University. Her scholarly work focuses on the role that social and structural determinants of health play in disparities in mental illness and treatment. The aim of her effectiveness-implementation research is to develop culturally tailored strategies to meet the mental health needs of the most under-resourced, marginalized populations. She actively partners with community based organizations to increase access and engagement with evidence based mental health interventions in service of mental health equity. Her research has been funded by

NIH/NIMHD, The Center for AIDS Research (CFAR), The Greer Family Foundation, and The Davee Foundation. Inger has written dozens of articles and lectures widely on mental health and trauma in the Black community. She is actively engaged in the community and serves on several non-profit boards including Thresholds, where she is Board Chair and the African American Legacy of the Chicago Community Trust. From 2020-2022 she was co-chair for the Chicago Council for Mental Health Equity, established by Mayor Lightfoot in 2019. Inger is the author of the book *Nobody Knows the Trouble I've Seen: The Emotional Lives of Black Women* (Amistad, 2021). She is an active contributor to the public discourse on mental health and she has been featured in the *New York Times*, *Chicago Tribune*, and *CNN*. Inger received her undergraduate degree in psychology from Cornell University, her doctorate in clinical psychology from Northwestern University, and completed a post-doctoral fellowship at the VA Ann Arbor/University of Michigan. In 2024, she was recognized with an honorary doctorate of humane letters from DePaul University.



ELIZABETH MILLER, MD, PhD, FSAHM, is professor of pediatrics, public health, and clinical and translational science and holds the Edmund R. McCluskey Chair in Pediatric Medical Education at the University of Pittsburgh School of Medicine. She is a physician in the Division of Adolescent and Young Adult Medicine with a focus on youth who are system involved, and the Medical Director of Community and Population Health at UPMC Children's Hospital of Pittsburgh. Trained in Internal Medicine and Pediatrics and medical anthropology, she has over 20 years of practice and research experience in addressing interpersonal violence prevention and adolescent health promotion

in clinical and community settings. She has participated in numerous legislative hearings and presentations related to protecting adolescent confidentiality, adolescent reproductive health, and adolescent relationship abuse and intimate partner violence prevention. Her work on reproductive coercion and birth control sabotage has resulted in changes in national clinical practice guidelines. She has conducted numerous randomized trials to evaluate clinical and community partnered interventions to reduce violence and promote adolescent health. She serves as Chair of the National Coordinating Committee for the National Center for Adolescent and Young Adult Health and Well-Being, a cooperative agreement between the American Academy of Pediatrics (AAP) and Health Resources and Services Administration (HRSA).



RUTH SHIM, MD, MPH, is the Luke & Grace Kim Professor in Cultural Psychiatry and Professor of Clinical Psychiatry in the Department of Psychiatry and Behavioral Sciences at the University of California, Davis. Dr. Shim's research focuses on mental health disparities and inequities, and she provides clinical psychiatric care in the UC Davis Early Diagnosis and Preventative Treatment (EDAPT) Clinic. Dr. Shim received an MPH in health policy from Rollins School of Public Health at Emory University and an MD from Emory University School of Medicine, and completed residency training and a fellowship in Community Psychiatry at Emory. She is a member of the Board of Trustees of the Robert Wood

Johnson Foundation and the American Association of Community Psychiatry. Dr. Shim serves on the editorial boards of *JAMA Psychiatry*, *Psychiatric Services*, *Community Mental Health Journal*, and American Psychiatric Publishing. She is co-editor of the books, *The Social Determinants of Mental Health* and *Social (In)Justice and Mental Health*. Dr. Shim is a former fellow of the Executive Leadership in Academic Medicine (ELAM) Program. She is an at-large member of the National Academies of Sciences, Engineering, and Medicine Forum on Mental Health and Substance Use Disorders, and was a member of the National Academies' ad hoc committee on *Unequal Treatment* Revisited: The Current State of Racial and Ethnic Disparities in Health Care.



KATHERINE L. WISNER, MS, MD, joined the Developing Brain Institute of the Children's National Hospital, Washington DC, in October 2023 as associate chief for Perinatal Mental Health. Dr. Wisner obtained her M.S., in nutrition and M.D., from Case Western Reserve University, followed by a pediatric internship and general/child psychiatry residency and post-doctoral fellowship in epidemiology at the University of Pittsburgh. Dr. Wisner also completed fellowships in professional and biomedical ethics. Her research advanced our understanding of the natural history of mood disorders across childbearing, benefit-harm

decision-making for pharmacotherapy and the pharmacokinetics of medications across pregnancy and lactation. Dr. Wisner is internationally recognized as an expert in the treatment of mood disorders during pregnancy and the postpartum period. She has received over \$23 million from the National Institutes of Health and has 270 peer-reviewed publications and 23 book chapters. Dr. Wisner was awarded the Woman in Science Award from the American Medical Women's Association in 2011. From the American Psychiatric Association (APA), she received the Alexandra Symonds Award in 2012 and the annual Award for Research in 2017. She was honored with Distinguished Mentor Awards from the University of Pittsburgh in 2012

and from Northwestern University in 2022. She received the Marcé International Society for Perinatal Mental Health's Medal for lifetime contributions. Dr. Wisner served on the Editorial Board of the American Journal of Psychiatry and currently on the Boards of JAMA Psychiatry and Journal of Clinical Psychiatry. She is a Fellow of the American College of Neuropsychopharmacology and a Distinguished Life Fellow of the APA. With her experience as president of the Marcé International Society for Perinatal Mental Health, Dr. Wisner developed the business startup plan for Marcé of North America (MONA) and was MONA's inaugural president.