



# Essential Health Care Services Related to Anxiety and Mood Disorders in Women: A Workshop

	DAY 1		
	April 29, 2024 8:30AM—4:15 PM ET		
8:30 AM	WELCOME		
Colle	en Galambos, PhD, LCSW, LCSW-C, ACSW, FGSA		
	Helen Bader Endowed Chair in Applied Gerontology and Professor		
	Helen Bader Endowed Chair in Applied Geromology and Professor Helen Bader School of Social Welfare		
	rsity of Wisconsin Milwaukee		
	ing committee Co-chair		
8:40 AM	KEYNOTE		
Schro	eder Stribling, MSW		
	President		
Mental Health America			
9:00 AM	SESSION 1: PERINATAL		
9:00 AM Moderator:	PERINATAL		
moderator:			
Tama	ıra Lewis Johnson, MPH, MBA		
Program Director, Women's Mental Health Research Program			
-	Office of Disparities Research and Workforce Diversity		
	National Institute of Mental Health (NIMH), NIH, DHHS		
	Planning committee member		

### Speakers:

### 9:05 | Crystal Clark, MD

Associate Professor, Department of Psychiatry University of Toronto Associate Head of Research, Women's College Hospital

### 9:20 | Catherine Monk, PhD

Inaugural Diana Vagelos Professor of Women's Mental Health Department of Obstetrics & Gynecology Professor of Medical Psychology Department of Psychiatry Columbia University Vagelos College of Physicians and Surgeons Research Scientist VI, New York State Psychiatric Institute

### 9:35 | Ebony Carter, MD, MPH

Division Director of Maternal Fetal Medicine University of North Carolina School of Medicine

### 9:50 | AUDIENCE Q&A

### **SESSION 2:** CHILDHOOD AND ADOLESCENCE

#### Moderator:

10:15 AM

Jill M. Emanuele, PhD Vice-President, Clinical Training Senior Psychologist Child Mind Institute Board Member and Secretary, Anxiety and Depression Association of America Planning committee member

### Speakers:

### Jennifer Leonardo, PhD

Director, Children's Safety Network, Education Development Center Planning committee member

### Mary Alvord, PhD

Psychologist and Director Alvord, Baker & Associates, LLC

### **Krystal M. Lewis, PhD**

Clinical Psychologist Section on Development and Affective Neuroscience National Institute of Mental Health

10:45 AM	BREAK	
10:55 AM	SESSION 3: POST ADOLESCENCE	
	The Forum on Mental Health and Substance Use Disorders	2

# Moderator:

#### George M. Slavich, PhD

Professor of Psychiatry and Biobehavioral Sciences Director, Laboratory for Stress Assessment and Research Director, California Stress, Trauma, & Resilience Network Director, Evaluation & Evidence, UCLA-UCSF ACEs Aware Family Resilience Network Semel Institute for Neuroscience and Human Behavior University of California, Los Angeles

Planning committee member

#### Speakers:

### 11:00 | Tory Eisenlohr-Moul, PhD

Associate Professor of Psychiatry and Psychology Associate Director of Translational Research in Women's Mental Health Department of Psychiatry University of Illinois at Chicago College of Medicine

### 11:15 | Summer Mengelkoch, PhD

**Postdoctoral Fellow** 

Laboratory for Stress Assessment and Research Department of Psychiatry and Biobehavioral Sciences University of California, Los Angeles

# 11:30 | Inger Burnett-Ziegler, PhD

Associate Professor, Psychiatry and Behavioral Sciences Feinberg School of Medicine Northwestern University

### 11:45 | AUDIENCE Q&A

12:10 PM	LUNCH	
1:15 PM	SESSION 4: MIDLIFE AND MENOPAUSE	
Moderator:		
Laura M. Rowland, PhD Director, Neuroscience of Mental Disorders and Aging Program		
Geri	Geriatrics and Aging Processes Research Branch Division of Translational Research, NIMH, NIH, DHHS	
Speakers:		
Cent	<b>hanie Faubion, MD, MBA</b> er for Women's Health o Clinic	

1:35 | Rebecca Thurston, PhD

Princi	pal Investigator, SWAN Aging
Pittsb	urgh Foundation Chair in Women's Health and Dementia
Profe	ssor of Psychiatry, Psychology, Epidemiology, and Clinical and Translational Science
	tor, Women's Biobehavioral Health Program
Unive	rsity of Pittsburgh
1:50   Hadir	ne Joffe, MD, MSc
-	m Chair, Department of Psychiatry, Department of Psychiatry
	itive Director, Mary Horrigan Connors Center for Women's Health and Gender
Biolog	
Paulo	A. Johnson Professor of Psychiatry in the Field of Women's Health
Harvo	ard Medical School
2:05   AUDI	ENCE Q&A
	SESSION 5:
2:30 PM	HEALTHY APPROACHES TO MENTAL HEALTH AND AGING
Moderator:	
Char	les F. Reynolds III, MD
Distin	guished Professor of Psychiatry and
	Endowed Professor in Geriatric Psychiatry, emeritus University of Pittsburgh
	bl of Medicine
Speakers:	
Speakers.	
2:35   Carla	Perissinotto, MD, MHS,
-	ssor of Medicine
	ersity of California, San Francisco
Onve	ising of California, San Handisco
2:50   Carm	en Andreescu, MD
Profe	ssor of Psychiatry
	ersity of Pittsburgh School of Medicine
3:05   Mary	-Frances O'Connor, PhD
Assoc	iate Professor
Unive	ersity of Arizona
	,
3:20   Heler	n Lavretsky, MD, MS
-	ssor In-Residence, Department of Psychiatry
	ersity of California, Los Angeles
Onve	asily of Cultorina, Los Angeles
3:35   AUDI	ENCE Q&A
4:00 PM	CLOSING REMARKS
Vivia	in W. Pinn, MD, FCAP, FASCP
	er Director (Retired), Office of Research on Women's Health, NIH
	er Senior Scientist Emerita, Fogarty International Center, NIH
	ing committee Co-chair
riann	ADJOURN
4:15 PM	



	DAY 2	
	April 30, 2024	
	9:00AM—1:00 PM ET	
9:00 AM	WELCOME	
	en Galambos, PhD, LCSW, LCSW-C, ACSW, FGSA	
	n Bader Endowed Chair in Applied Gerontology and Professor n Bader School of Social Welfare	
	ersity of Wisconsin Milwaukee	
	ing committee Co-chair	
9:10	SESSION 6: POLICY SOLUTIONS	
Moderator:		
Jami	lle Fields Allsbrook, JD, MPH	
	ant Professor	
	ol of Law	
	er for Health Law Studies, Saint Louis University	
Speakers:	ing committee member	
Speakers:		
Joy E	Burkhard, MBA	
-	der, Executive Director	
Policy	Center for Maternal Mental Health	
Plann	ing committee member	
la an		
	<b>yn Frye, JD</b> dent, National Partnership for Women & Families	
11031		
Beth	Beth Carter, PhD, MPH	
Senic	Senior Policy Advisor	
AARF	Public Policy Institute	
K and a	Deces	
	e <b>Russo</b> or Director of Strategic Business Development and Operations	
	ety and Depression Association of America	
10:00   AUD	IENCE Q&A	
10:15	LESSONS LEARNED FROM THE COMMUNITY	
10:15	LESSONS LEARNED FROM THE COMMONITY	
10:15   Alex Sheldon, MA		
	ecutive Director	
G	.MA: Health Professionals Advancing LGBTQ+ Equality	
L		

<ul> <li>10:30   Kimberly Aguillard, PhD Health Equity Researcher Mathematica</li> <li>10:45   Nicolle L. Arthun, BSN, RN, MSN, CNM Founder, Changing Woman Initiative CEO of Transcending Strategies LLC</li> </ul>			
			11:00   AUD
11:15	BREAK		
11:30	SESSION 7: IMPROVING THE PROVISION OF CARE		
Moderator:			
Assoc Chair	Nima Sheth, MD, MPH Associate Administrator for Women's Services Chair, Advisory Committee for Women's Services Senior Medical Advisor, SAMHSA		
Speakers:			
<ul> <li>11:40   Heidi Nelson, MD, MPH, MACP, FRCP Professor, Health Systems Science Kaiser Permanente Bernard J. Tyson School of Medicine Planning committee member</li> <li>11:55   Kirsten Beronio, JD Senior Policy Advisor on Mental Health and Substance Use Disorder Issues Center for Medicaid and CHIP Services</li> </ul>			
Foru	ım member		
12:10   Ayo Gathing, MD Regional Vice President Chief Medical Officer Humana, Inc			
12:30   AU	12:30   AUDIENCE Q&A		
12:45	CLOSING REMARKS		
<b>Vivia</b> Forme Forme	<b>n W. Pinn, MD, FCAP, FASCP</b> er Director (Retired), Office of Research on Women's Health, NIH er Senior Scientist Emerita, Fogarty International Center, NIH ing committee Co-chair		
1:00	ADJOURN		