



State-Level Primary Care Innovations and Implications for Federal Policy

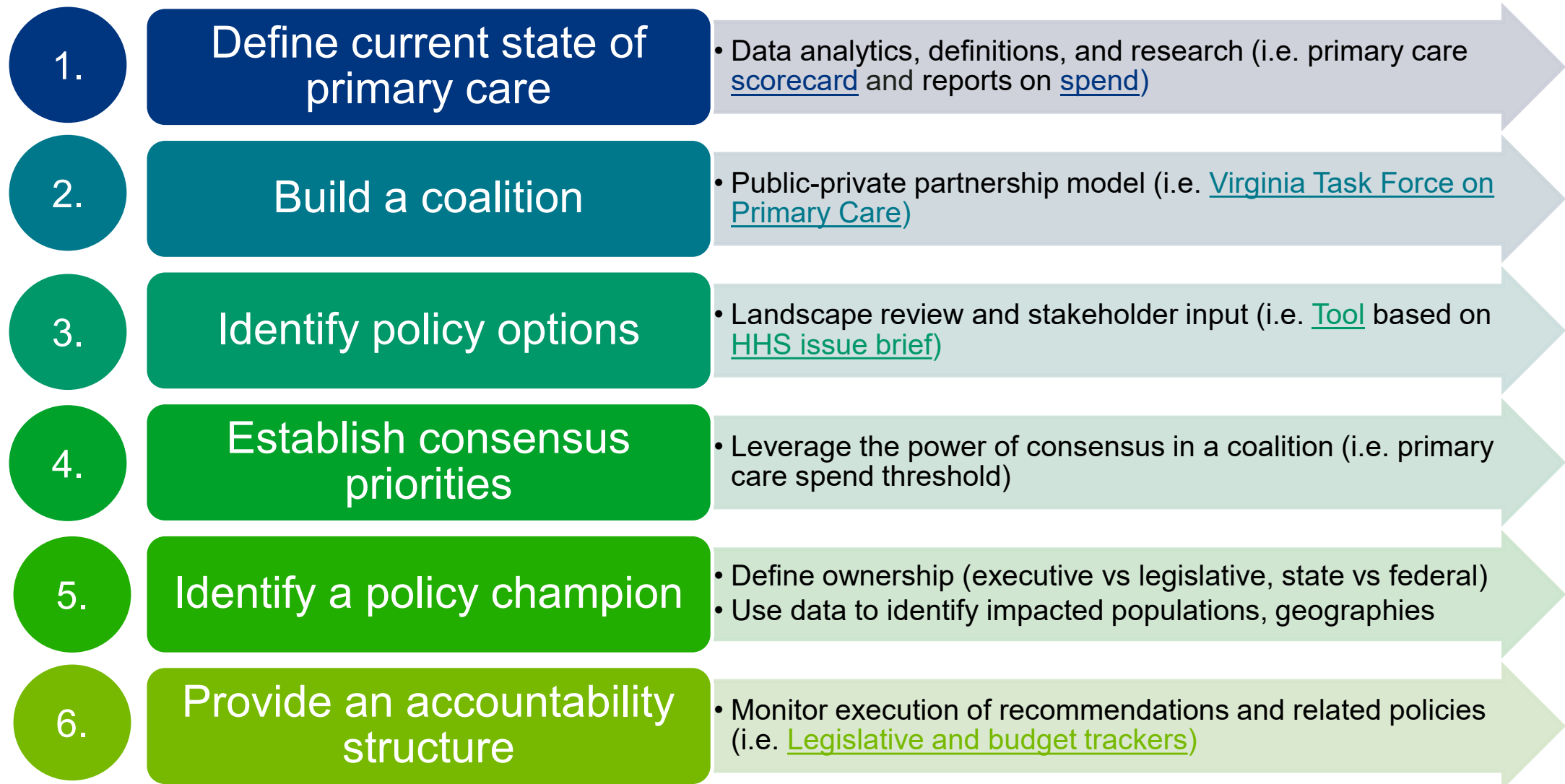
National Academies' Standing Committee on Primary Care

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State Role in Primary Care Reform








VIRGINIA TASK FORCE ON PRIMARY CARE

- **Public-private partnership model** – run by Virginia Center for Health Innovation (VCHI), funded through the Virginia Department of Health
- Initiated in 2020 to address immediate crises facing primary care sustainability

Membership	Committees	Major Initiatives
<ul style="list-style-type: none">• Front line providers• Health systems• Payers (Medicaid, commercial, state employees)• Employers• Professional associations• Patient advocates• Legislators• State officials	<ul style="list-style-type: none">• Vary by year based on needs• Current committees include:<ol style="list-style-type: none">1. Data analytics2. Practice and payment innovation3. Clinician retention and well-being4. Education and advocacy	<ul style="list-style-type: none">• Distribution of PPE and rapid antigen tests• Increased Medicaid reimbursement• Spend reports and scorecard• Pilots:<ol style="list-style-type: none">1. Multi-payer alignment for behavioral health integration2. Clinician retention3. Vaccination rates4. Person-Centered Primary Care Measure evaluation



State Alignment with Federal Initiatives

		Primary Care State-Federal Alignment Tool			 VIRGINIA TASK FORCE ON PRIMARY CARE		 VIRGINIA CENTER FOR HEALTH INNOVATION
		State (Example: Virginia [VA])			Federal		
Category	Federal Initiative ¹	State Current Status	State Executive/Agency Action Needed	State Legislative Action Needed	Federal Executive/Agency Action Needed	Federal Legislative Action Needed	Other Notes
Payment	Updates to Medicare Physician Fee Schedule 1. Complexity Add-on (G2211) 2. Payment for auxiliary personnel (community health workers [CHWs], peers, care navigators) 3. Social Determinants of Health (SDOH) Screen (G0136) 4. Community Health Integration and Principal Illness Navigation (G0511) 5. Collaborative Care Model (99492, 99493, 99494, G2214, G0512)	* Medicaid does not cover G2211, G0136, G0511, G2214, or G0512 * Beginning January 2024, Medicaid will cover 99492-99494 * Medicaid covers peer services * Medicaid encourages use of CHWs and care navigators for health plans, but does not directly reimburse providers with auxiliary personnel		Update services covered to mirror Medicare			
Payment	CMS Innovation Center—Making Care Primary	* Not participating			Could offer opportunities to expand demonstration		Activity not open to VA
Payment	CMS Innovation Center—AHEAD Model	* Round 3 applications due August 2024	Application and implementation would require significant state leadership. State Medicaid agency is the only eligible applicant	Participation would require legislative action to set spend targets and adjust Medicaid payments			VA has not submitted an application
Payment	CMS Innovation Center—Accountable Care Organization (ACO) Primary Care (PC) Flex Model	* Opportunity announced March 2023. Individual ACOs can apply without direct state action * VA likely has ~15 ACOs that could be eligible					
Payment	Adoption of Person-Centered Primary Care Measure (PCPCM) in CMS Innovation Center's payment models	* Virginia Task Force on Primary Care (VTFPC) is conducting an evaluation of PCPCM	Could include in future value-based payment (VBP) models if evaluation is positive or as an outcome measure to determine effectiveness of other		Could broadly adopt if evaluation is positive		

Note: [Tool](#) published by Milbank Memorial Fund. Initiatives listed are based on *HHS is Taking Action to Strengthen Primary Care*



7 Ways the Federal Government Can Support States

- **Establish accountable leadership:** Primary care spans multiple centers and agencies within HHS. Having a singular entity responsible for coordination and accountability for executing a vision is critical.
- **Create a roadmap with a vision for the future:** Communicate the overall strategy and endgame to states so that they may plan their own priorities, reduce redundancy and maximize use of limited resources.
- **Establish common definitions for primary care and primary care spend:** Provide common definitions so states can make comparisons and plan programs more efficiently.
- **Set benchmarks so state can align priorities and measure success:** Review of design and timeline, discussion on provider accountability metrics.
- **Provide access to payer data for research and evaluation:** Submit Tricare and federal employee plan data for state all-payer claims databases and continue to enable use of Medicare and Medicaid claims.
- **Establish a comprehensive workforce strategy that includes retention:** Burnout rates are at an all-time high. Recruitment without retention will continue to result in access issues.
- **Provide a strategy to close the primary care gap between states:** Consider policy options that support states in building necessary infrastructure while considering varying cultures of states.



Appendix



States Need Federal Data to Improve Self-Assessments

Virginia Primary Care Scorecard

Spend

Based on Task Force definition of primary care and spend

Federal employees and military are missing

Utilization

Based on Task Force defined primary care services

Federal employees and military are missing

Workforce

Based on Task Force defined specialties

No benchmarks for “right” number of providers per capita

No benchmark on “right” panel size for high quality care

Outcomes

Few data sources for patient experience, rely on vaccination rates, and avoidable admissions

Workforce

A healthy primary care workforce is critical to ensure a healthy Virginia. Ten additional primary care providers (PCPs) per 100,000 residents can increase life expectancy by 51.5 days.³ Primary care faced challenges before the COVID-19 pandemic, but the pandemic has exacerbated these challenges by increasing provider shortages and burnout.

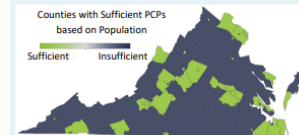
Total number of Primary Care Providers per 100,000 Virginians

76.0 Primary care providers per 100,000 Virginians

Virginia's rate is slightly better than the national average of **75.6** PCPs per 100,000.

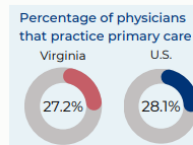
Most counties in Virginia do not have enough PCPs to serve their population

Based on data from the VCU Department of Family Medicine Ambulatory Care Outcomes Research Network (ACORN), PCPs typically serve 1,368 patients in a year. Based on this estimate, 71% of counties in Virginia do not have sufficient PCP capacity to serve their population (at least 1 PCP per 1,368 residents).



Average wait times for routine primary care for new patients: **20.6 days**

Based on national survey of family medicine physicians

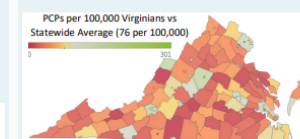


Primary Care Providers are not evenly distributed across the state

While Virginia has a similar statewide rate of PCPs per resident as the national average, Virginia performs significantly worse than the national average in medically underserved areas.

46.0 Primary care providers per 100,000 Virginians in medically underserved areas

National average is **55.6** PCPs per 100,000 in medically underserved areas.

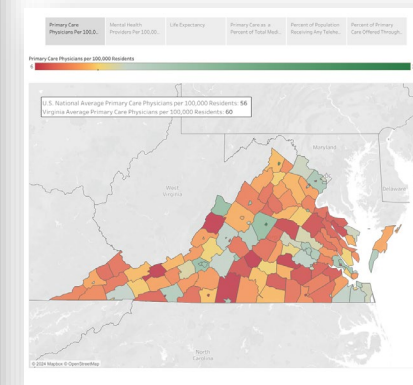


Burnout and provider retention

Primary care providers are leaving the field in record numbers. Per research by ACORN, in 2022, 42% of primary care practices lost a clinician, a significant increase compared to 13% in 2018. Burnout is a significant factor, contributing to provider losses.

More than **50%** of Virginia's primary care providers report burnout.

Scorecard



Scorecard Dashboard



Using a Public-Private Partnership to Establish Multi-Payer Alignment

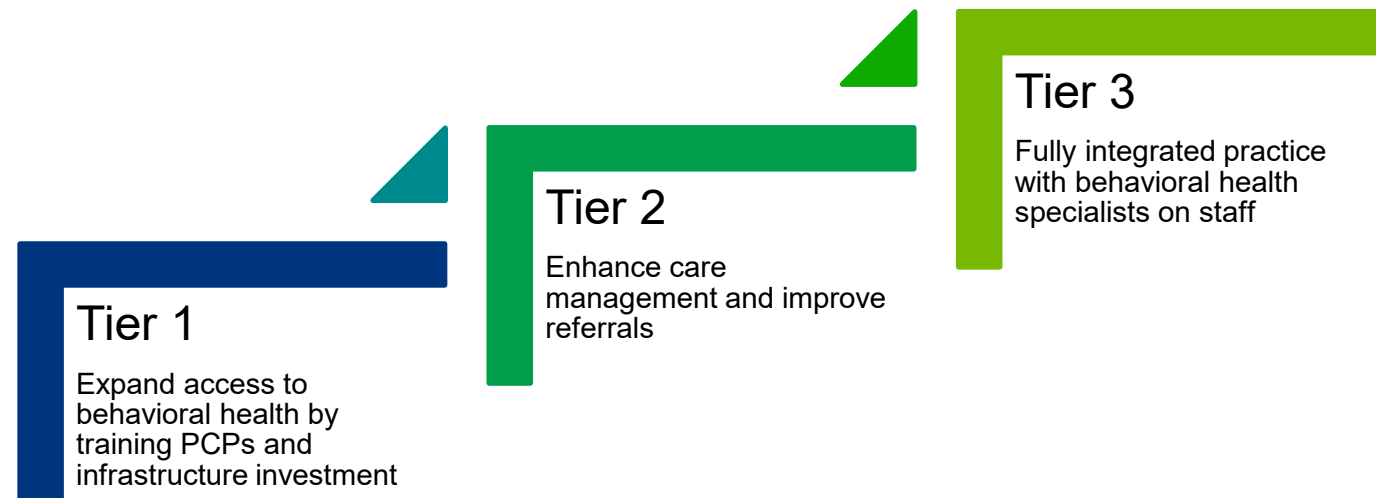


- Voluntary alignment between Medicaid managed care organizations
- Design supported by third-party Virginia Center for Health Innovation



- Establish a payment model to support pediatric primary care practices in integrating primary care and behavioral health
- Goals: Increase access to behavioral health; Reduce burnout among primary care providers

Model Approach



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