

# An Oncologist's Perspective on the Status of MCD Testing in 2024

National Cancer Policy Forum  
Workshop on MCD Testing  
October 28<sup>th</sup> 2024

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# Disclosures

Deb Schrag MD MPH: October 2024 update with lookback of 3 years

I have the following relevant financial relationships to disclose:

Grant/Research support from: GRAIL manufacturer of a prototype MCD assay

PI 2017-21 funding to: Dana Farber Cancer Institute/Harvard Medical School

Currently employed by Memorial Sloan Kettering in NYC

Consultant for: No remuneration from commercial firms since 2021

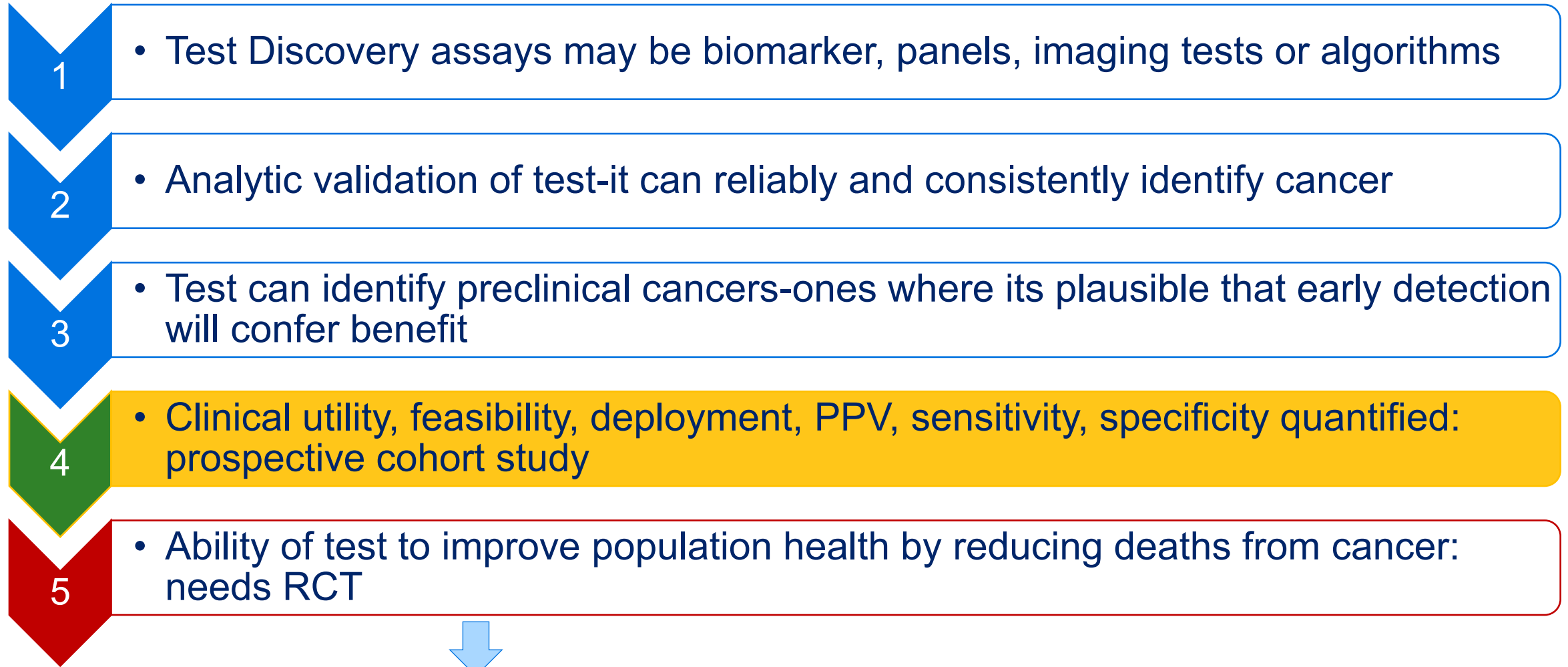
Reimbursement for travel from health tech firms, EPIC, health insurers and CMS

Compensation from JAMA for editorial services through 12/2023

Stockholder in: family member holds stock in Merck

Reimbursement for travel and EAB membership from: NHS in UK, EU, several US states, health systems/cancer centers in US, Canada, Europe, Australia, Argentina, Egypt, Nigeria, Argentina in past 3 years

# 5 Phases to Develop a MCD Test for Cancer Screening



**Ready for scaling and implementation**

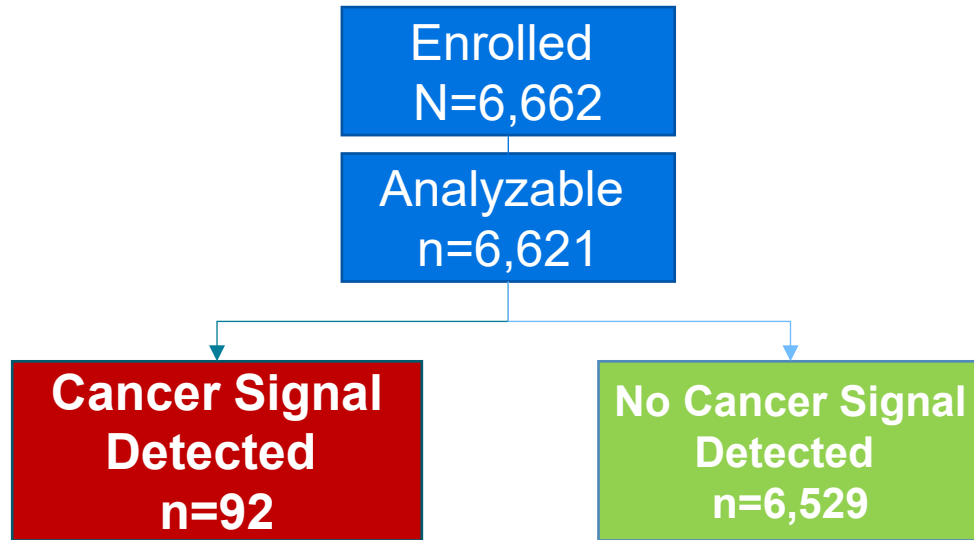
Adapted from principles set forth by the NCI Sponsored Early Detection Research Network See Commentary by Pepe in JNCI Vol 18 2001

**Individuals with a history of cancer and the clinicians who care for them are strategically situated to accelerate efficient development and evaluation of the effectiveness of MCD tests for screening in the general population**

# **Why Prioritizing Inclusion of Cancer Survivors for Studies to Develop MCD tests is Strategic**

- **Statistics**
- **Psychology**
- **Ethics**
- **Economics**

# PATHFINDER: Pilot Study of MCD Testing (2019)



- Recruited from ambulatory clinics of 7 health systems
- An early version of Grail's Galleri test
- Testing was straightforward and process was acceptable to participants with a high consent rate
- Participants did not pay for the test
- Participants did not pay for any attendant workup

## PATHFINDER: NCT04241796

Participants were enrolled from December 2019 to December 2020 in the ambulatory care practices at 7 US health care systems and followed thru Dec 2021

# PATHFINDER Eligibility Criteria

## Inclusion:

- **Adults  $\geq 50$  years:**
- **High Risk Cohort:**
  - Lifetime history of smoking at least 100 cigarettes
  - Hereditary cancer predisposition<sup>a</sup>
  - A history of cancer with no treatment for  $>3$  years<sup>b</sup>
- **Not High-Risk Cohort:**
  - None of the above risk factors

## Exclusion:

- **Clinical suspicion of malignancy**
- **Undergoing diagnostic evaluation for possible cancer**
- **History of any cancer or cancer treatment within past 3 years**

<sup>a</sup>Genetic cancer predisposition, hereditary cancer syndrome, or meeting criteria for germline testing based on NCCN guidelines.

<sup>b</sup>Personal history of invasive or hematologic malignancy, with definitive treatment completed  $>3$  years prior to enrollment. Adjuvant hormone therapy for breast cancer was permissible.

# Results of MCD Testing in PATHFINDER

	<b>Total Cohort</b> <b>N = 6,621</b>
<b>% of total cohort</b>	<b>100%</b>
<b>Signal Detected</b> <b>92</b>	<b>1.4%</b>
<b>No Signal Detected</b>	<b>98.6%</b>
<b>PPV</b>	<b>35/92=38%</b>
<b>Diagnostic Yield</b> <b>35 people with cancer</b>	<b>0.53%</b>



# Results of MCD Testing in PATHFINDER

	Total N = 6,621	No Additional Risk n = 2,940	Any Additional Risk <sup>a</sup> n = 3,681
% of total cohort	100%	44%	66%
Signal Detected	1.4%	1.2%	1.5%
No Signal Detected	98.6%	98.8%	98.5%
PPV	35/92=38%	11/36=31%	24/56=43%
Yield	0.53%	0.37%	0.65%

Higher risk group has higher yield

# Results of MCD Testing in PATHFINDER

	Total N = 6,621	Additional Risk was history of cancer n = 1,622	No history of Cancer N=4999
% of total cohort	100%	25%	75%
Signal Detected	1.4%	2.0%	1.2%
No Signal Detected	98.6%	98.0%	98.8%
PPV	35/92=38%	14/33=42%	21/59=36%
Yield	0.53%	0.86%	0.42%

**Participants with personal history of cancer had highest yield**

Of 33+ tests in persons with a history of cancer, 14 people had cancers found: 7 recurrent, 6 new and 1 had both

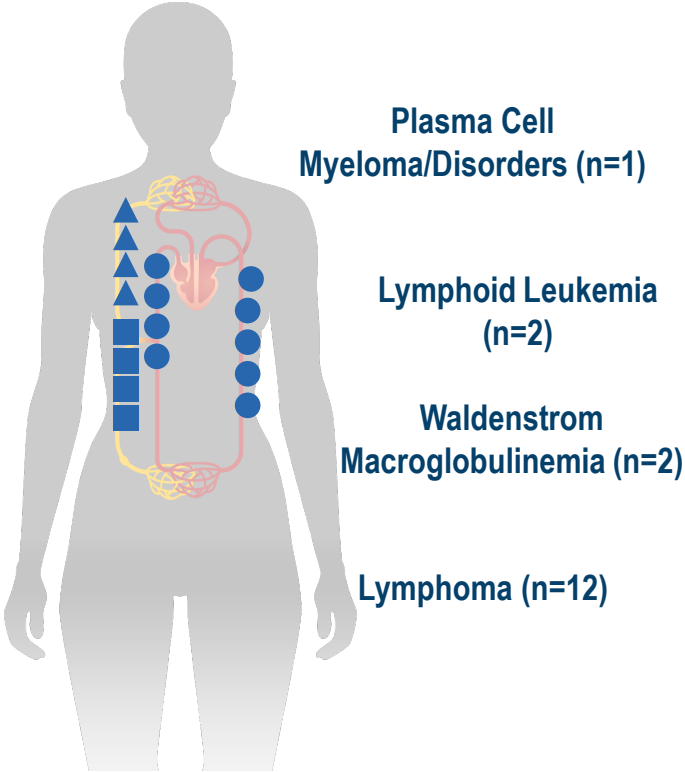
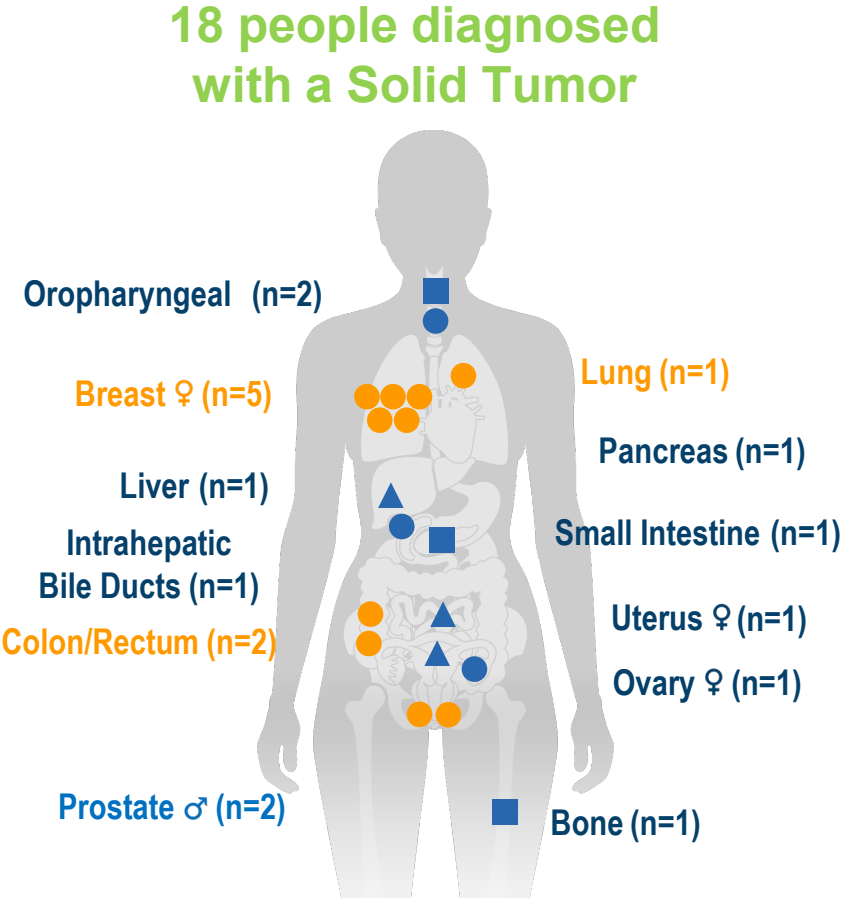
# Cancers Diagnosed After a True+ MCD Signal

6621 people received a test result

35 people were diagnosed with 36 cancers

- 24 in high-risk cohort=69%
- 11 in average-risk cohort=31%

17 people diagnosed with a Hematologic Malignancy

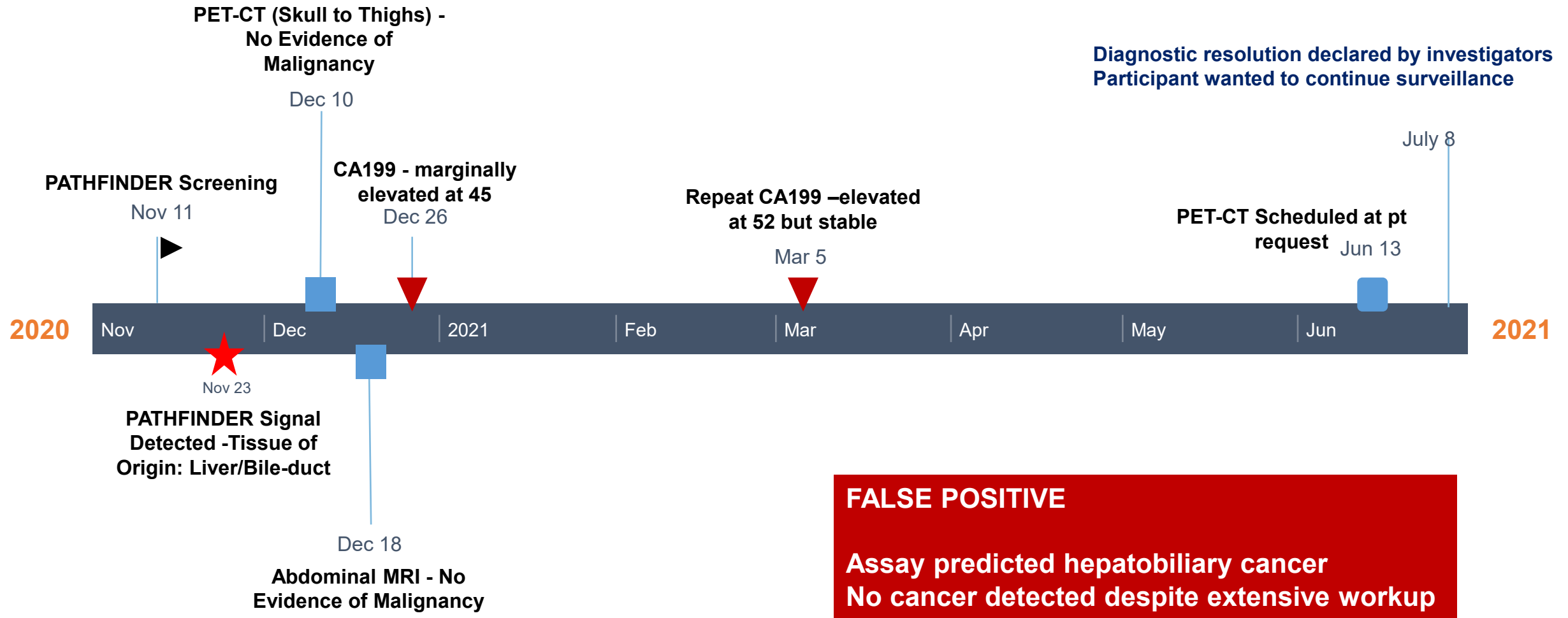


AJCC Staging: ▲ Stage I   ■ Stage II   ● Stage III/IV/No Stage/Recurrent  
Available Screening: **USPSTF cancer screening** or **No standard screening**

**What I learned from listening  
to the participants in  
PATHFINDER at my center  
with and without cancer**

**[schragd@mskcc.org](mailto:schragd@mskcc.org)**

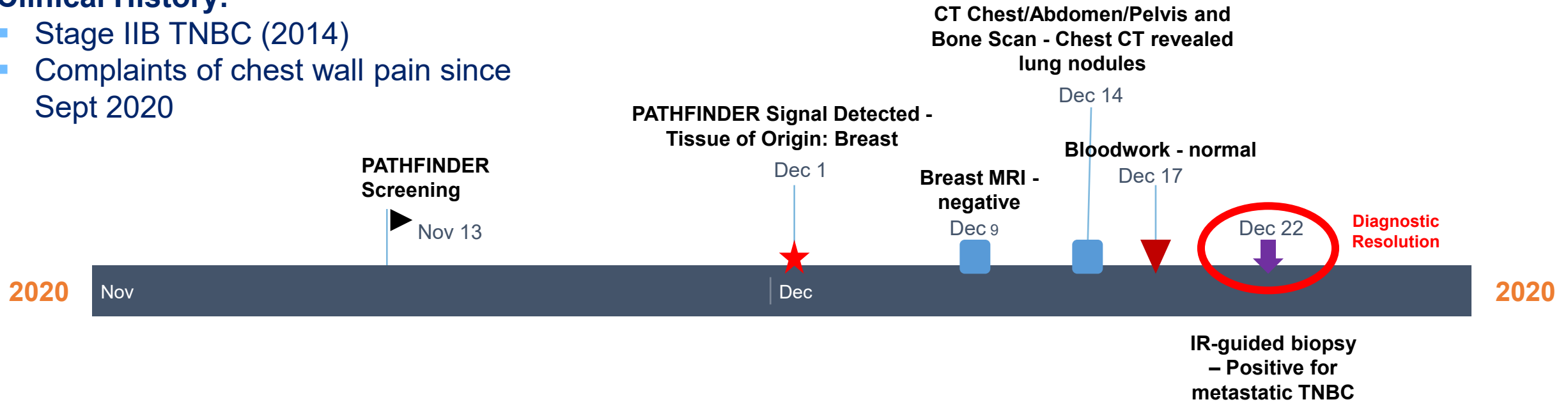
# 74-Year-Old Woman With no Risk Factors



# 55-Year-Old Woman With History of Breast Cancer

## Clinical History:

- Stage IIB TNBC (2014)
- Complaints of chest wall pain since Sept 2020



**TRUE POSITIVE**

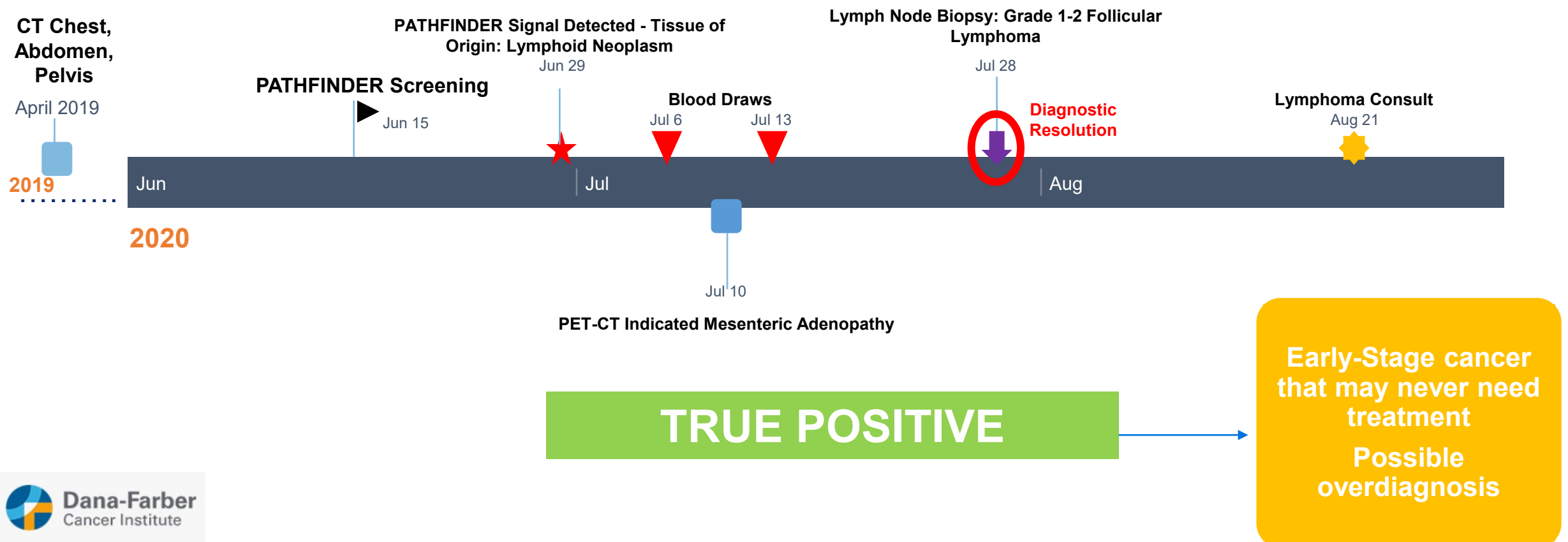
**Metastatic cancer  
Screen-detection  
unlikely to achieve  
cure**

**Lead time may not  
offer clinical benefits**

# 57-Year-Old Male with History of Stomach Cancer

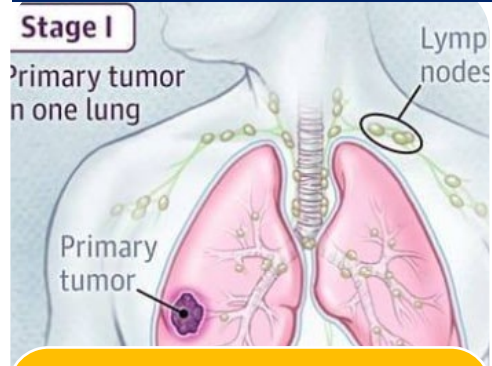
## Clinical History:

- pT3N3 gastric adenocarcinoma (2014)
- Enrolls in PATHFINDER at 6 year “graduation” visit to survivorship



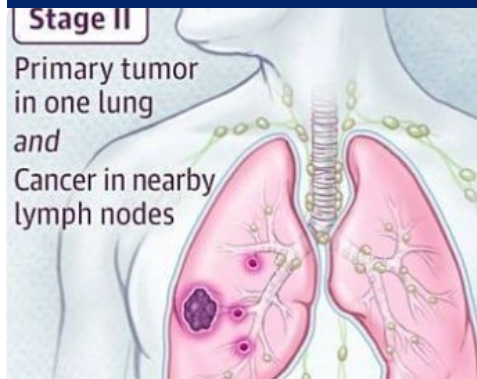
# “True positive” MCD tests identify 3 categories of cancer diagnoses

## Low Benefit Potential “overdiagnosis”



Early-Stage cancer that may never need treatment

## High Benefit Potential



Early-stage cancer that if undetected or treated will lead to metastasis and death

The major value proposition for MCD screening

## Uncertain/Low Benefit Potential “too late to cure”

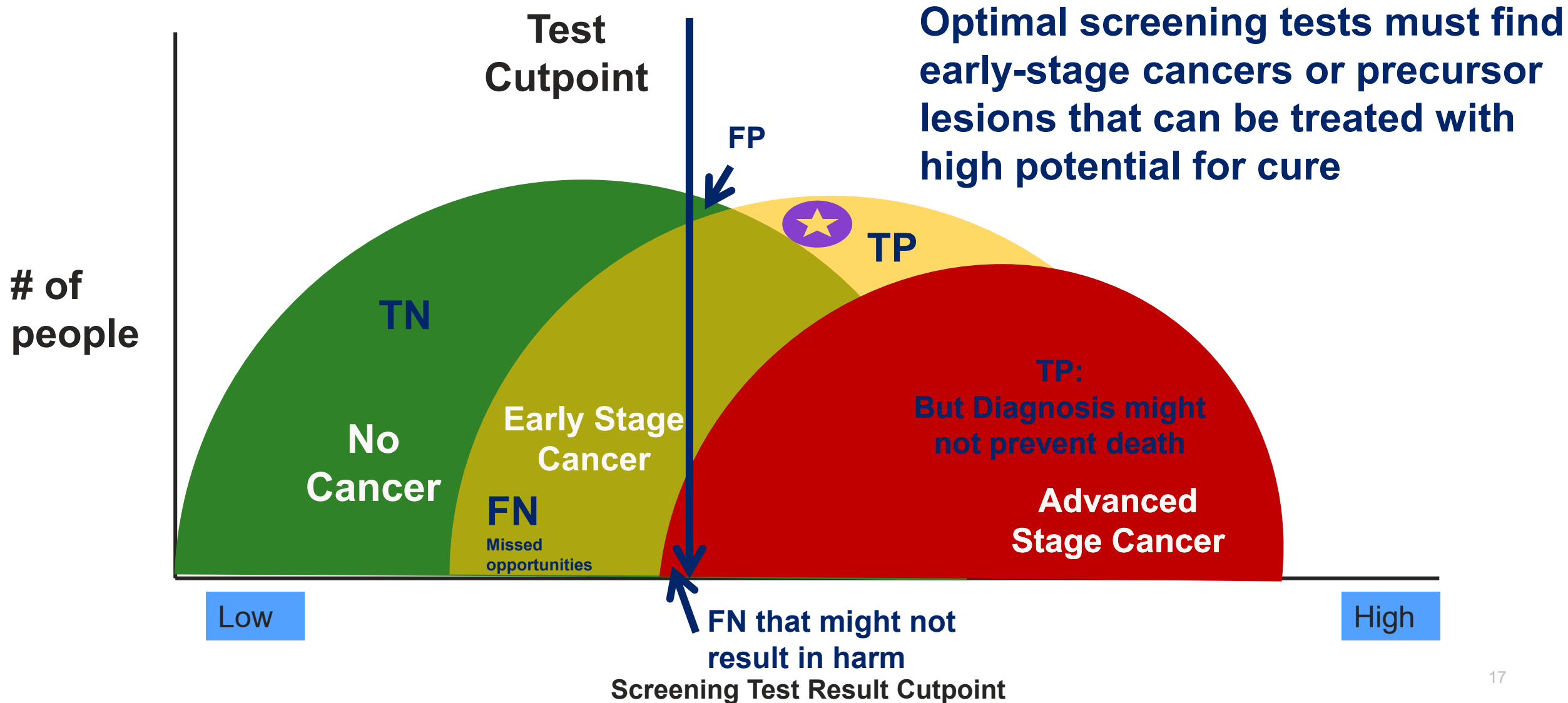


Metastatic cancer

Lead time in detecting advanced disease may not offer significant clinical benefit



# A Screening Test that Translates to Improved Population Health Must Find Cancers at Early Stage



# Translating Cancer Screening Tests from Research to Practice

Challenge	Opportunity
How to select the best assay for testing in RCT?	Invest in large scale referent labeled cohort of patients Leverage labeled samples from cancer patients Refine terminology for describing sensitivity (pseudosensitivity)
Lack of representation from diverse settings and people with varied risk profiles	Oversample underrepresented groups Build trust, engage communities, explain the “why”
Lack of data about natural history of screen vs. symptom detected cancers	Add the mode of cancer detection to tumor registries Invest in mathematical simulation models Learn from “real world” data cache
Effort required to recruit large diverse populations to RCTs	Engage participants from where people live and work Apply population/implementation science core knowledge Partner with patients, PCPs, payors, public health ministries

# Perspective on MCD testing in late 2024

- For healthy individuals
- For cancer survivors
- Strategy for:
  - PCPs
  - Oncologists
  - Cancer research community
  - Payors/policy makers
  - Assay developers

# **Thank You!**

# **Questions?**

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# Two Paradigms: Single Type vs. PAN Cancer Screening

## Screening for a Single Type of Cancer

- All currently approved cancer screening tests in the USA
- Many individuals with a history of cancer are highly motivated to detect early recurrence based on the premise that detection at occult stage improves outcomes

## Screening for Multiple types of cancer- PAN Cancer

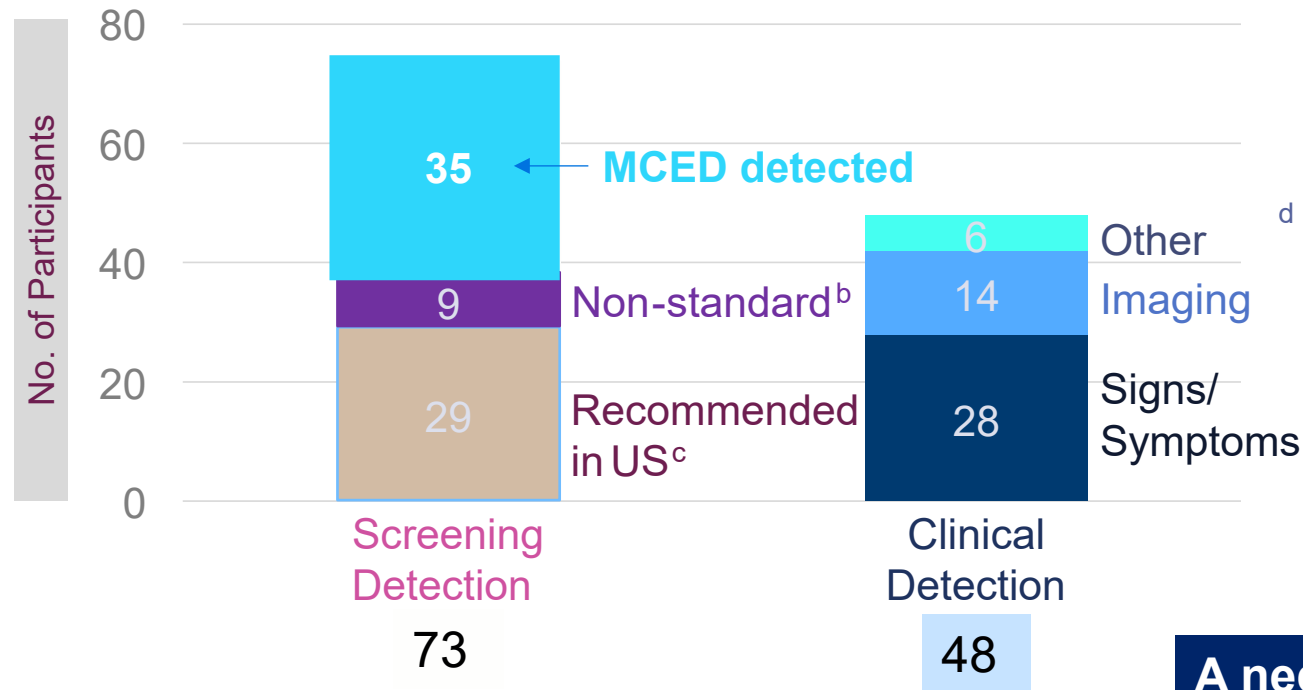
- Multi-cancer Detection Tests (MCD)
  - Aka MCED tests
- Harness technological innovations in multi-omics and the ability to distinguish tumor from normal DNA

# Path Forwards

- **More intensive early investment in testing assays on labeled specimens from diverse cancer patients will improve the development pathway for MCD tests**
- **The community of cancer survivors and the clinicians who care for them must collaborate to responsibly develop MCD and SCD technologies**
- **Invest in modeling studies before launching large-scale screening trials**
- **Prioritize enrollment in well designed clinical trials**
- **Ensure careful characterization of underlying risk of enrolled screening participants**
- **Enrolling cancer survivors and individuals with cancer predisposition (genetic or behavioral) is an efficient design strategy**

# Cancers Identified Within a Year of MCED Testing

121 participants had a cancer diagnosis within 1 year of MCED testing



- 35/121 (29%) had cancer diagnosed after a positive MCED
- 86/121 (71%) had cancer diagnosed within 12 months but did not have a positive MCED

**A negative MCED test result should not be used to provide reassurance that cancer will not occur. Should not decrease adherence to standard screening**

MCED, multi-cancer early detection.

<sup>a</sup>Based on participants with cancer status assessment at the end of the study.

<sup>b</sup>3 thyroid and 6 melanoma.

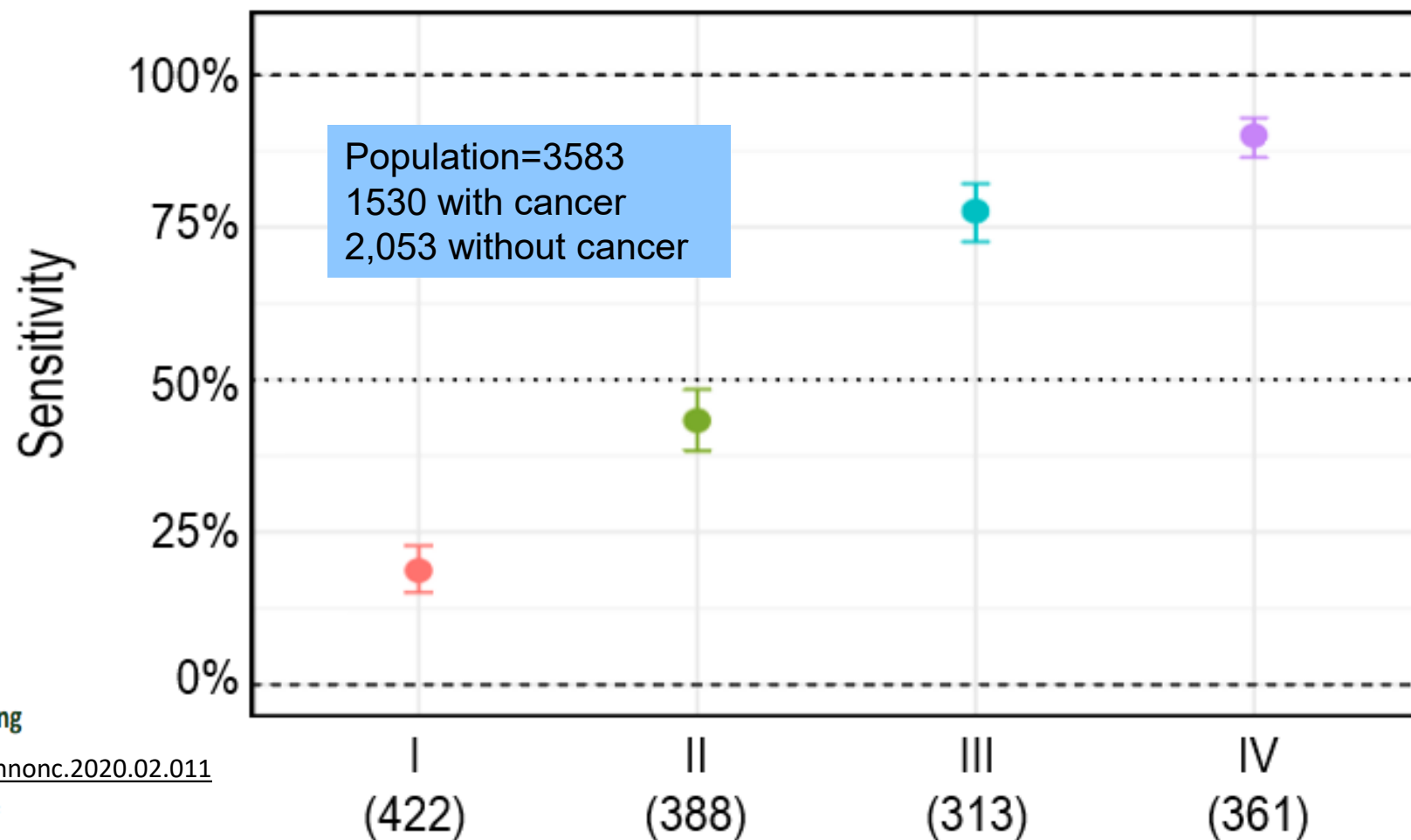
<sup>c</sup>Breast, cervical, colorectal, lung, and prostate cancer.

<sup>d</sup>1 incidental radiology finding, 1 incidental finding on routine physical exam, 2 changed lab values, 1 surveillance of prior cancer, 1 follow-up after MGUS diagnosis.

# Sensitivity of MCD Assays Varies by Stage

Overall Sensitivity of 54.7% (95% CI: 52.2-57.2%)  
in Labeled Blood Samples from People with >20 types of Cancer  
Specificity is fixed at 99.4%

MCD assays will generally have lower sensitivity for the detection of early-stage tumors



## ORIGINAL ARTICLE

Sensitive and specific multi-cancer detection and localization using  
methylation signatures in cell-free DNA

[doi.org/10.1016/j.annonc.2020.02.011](https://doi.org/10.1016/j.annonc.2020.02.011)

M. C. Liu<sup>1†</sup>, G. R. Oxnard<sup>2†</sup>, E. A. Klein<sup>3</sup>, C. Swanton<sup>4,5</sup>, M. V. Seiden<sup>6\*</sup> & on behalf of the CCGA Consortium<sup>†</sup>

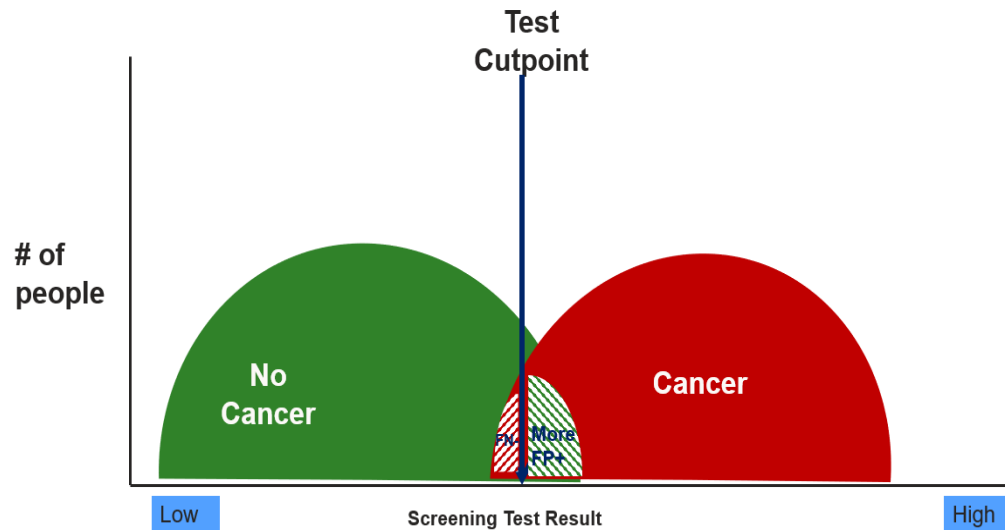


# SINGLE vs. PAN Archetypes of Cancer Screening Tests:

Tests that Focus on Detecting One Type of Cancer: **SINGLE**

**Goal is to Maximize Cancer Detection!!**

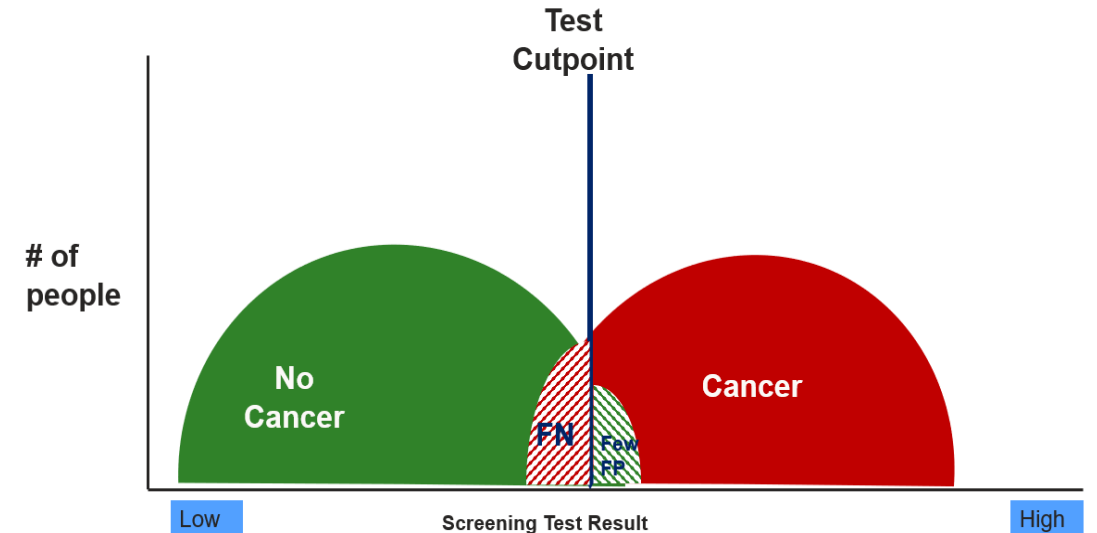
Minimize FN-, More FP+



Tests that Focus on Detecting Multiple Types of Cancer: **PAN**

**Goal is to Minimize Need to Chase FP+s**

Minimize FP+, but More FN-s

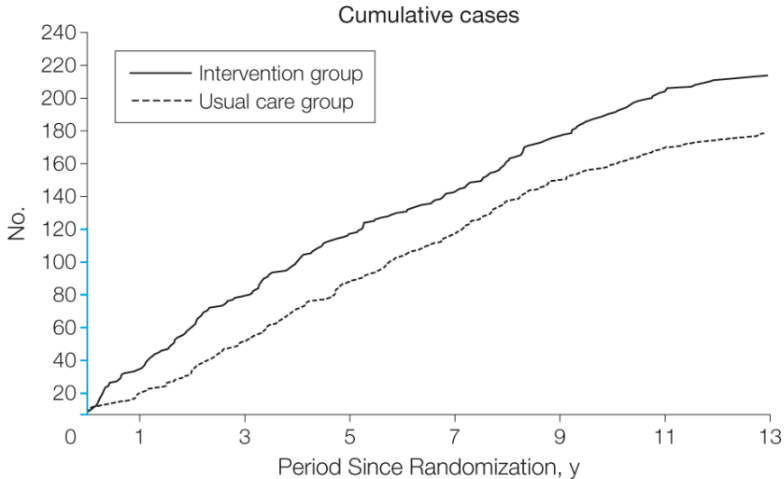


# Screening Trials are Resource Intensive, Expensive and Have High Failure Rates

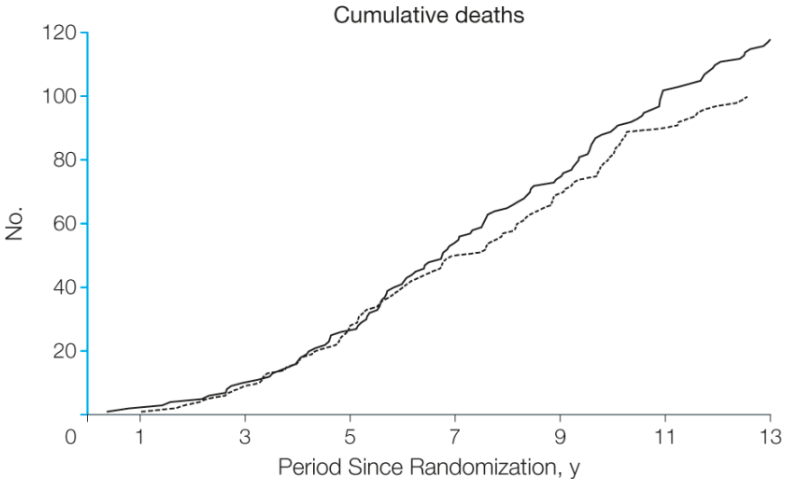
CONCLUSION: Among women in the general US population, simultaneous screening with CA-125 and transvaginal ultrasound compared with usual care did not reduce ovarian cancer mortality. Diagnostic evaluation following a false-positive screening test result was associated with complications.

78,216 women were randomized to usual care vs. CA125/Ultrasound q year for 4 years to screen for ovarian cancer

Incidence



Mortality



Intervention group															
Cumulative cancers	28	74	113	139	174	202	212		2	10	26	54	74	102	118
Cumulative person-years	33908	100777	166273	230393	292223	341975	371833		34210	102191	169354	235475	299372	350870	381574
Usual care group															
Cumulative cancers	13	45	83	113	146	167	176		0	9	28	50	69	90	100
Cumulative person-years	33994	101279	167380	232046	294424	344734	374976		34260	102344	169617	235836	299903	351557	382502

# Minimum Criteria for Implementing a Cancer Screening Test at Population Level

1. Cancer must exist in a pre-symptomatic form
2. A potential screening test must reliably detect pre-symptomatic cancers
3. Treatment interventions for pre-symptomatic detected cancers must lead to decrease in cancer mortality
4. Screening test must be feasible to implement at population-scale with benefits outweighing the harms