

After Roe: Pressing Issues Around Contraception Access

A Webinar of the NASEM Committee on Reproductive Health, Equity and Society

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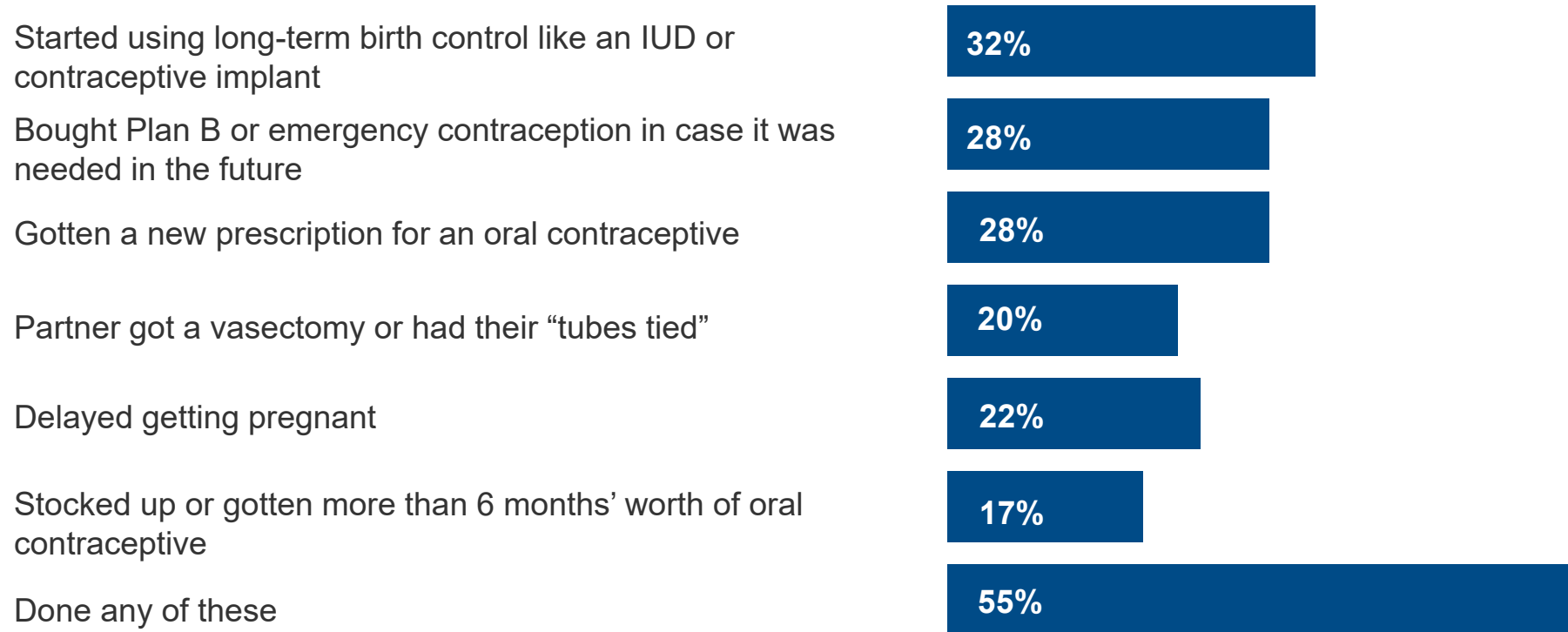
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KFF

The independent source for health policy research, polling, and news.

In the First Year Since *Dobbs*, Many Women Say They or Someone They Know Took Action to Reduce Risk of Pregnancy Due to Worries About Accessing Abortion

Percent of women ages 18-49 who say in the past year, they or someone they know has done each of the following because of concerns about being able to access abortion:



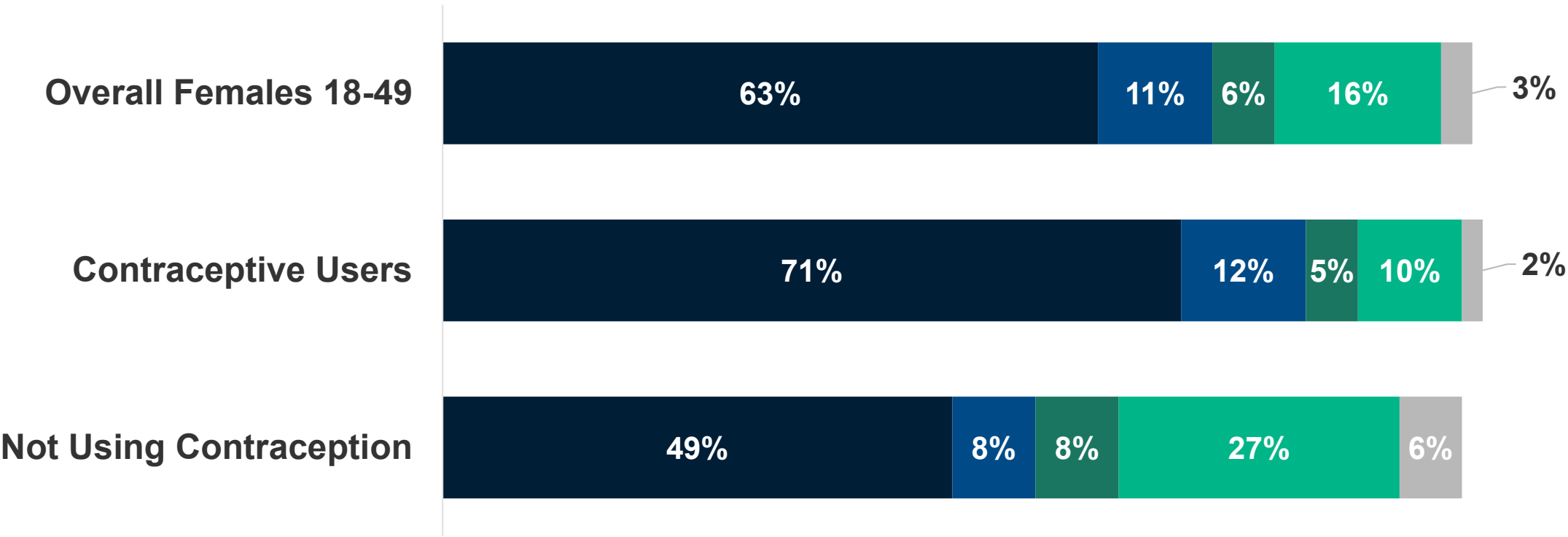
NOTES: Among women 18-49

SOURCE: KFF Health Tracking Poll (May 9-19, 2023)

Avoiding Pregnancy is Important For The Majority of Female Adults, even Among Those Who Do Not Use Contraception

How important is it for you to avoid becoming pregnant in the next month?

■ Very important ■ Somewhat important ■ Not very important ■ Not important at all ■ Don't know

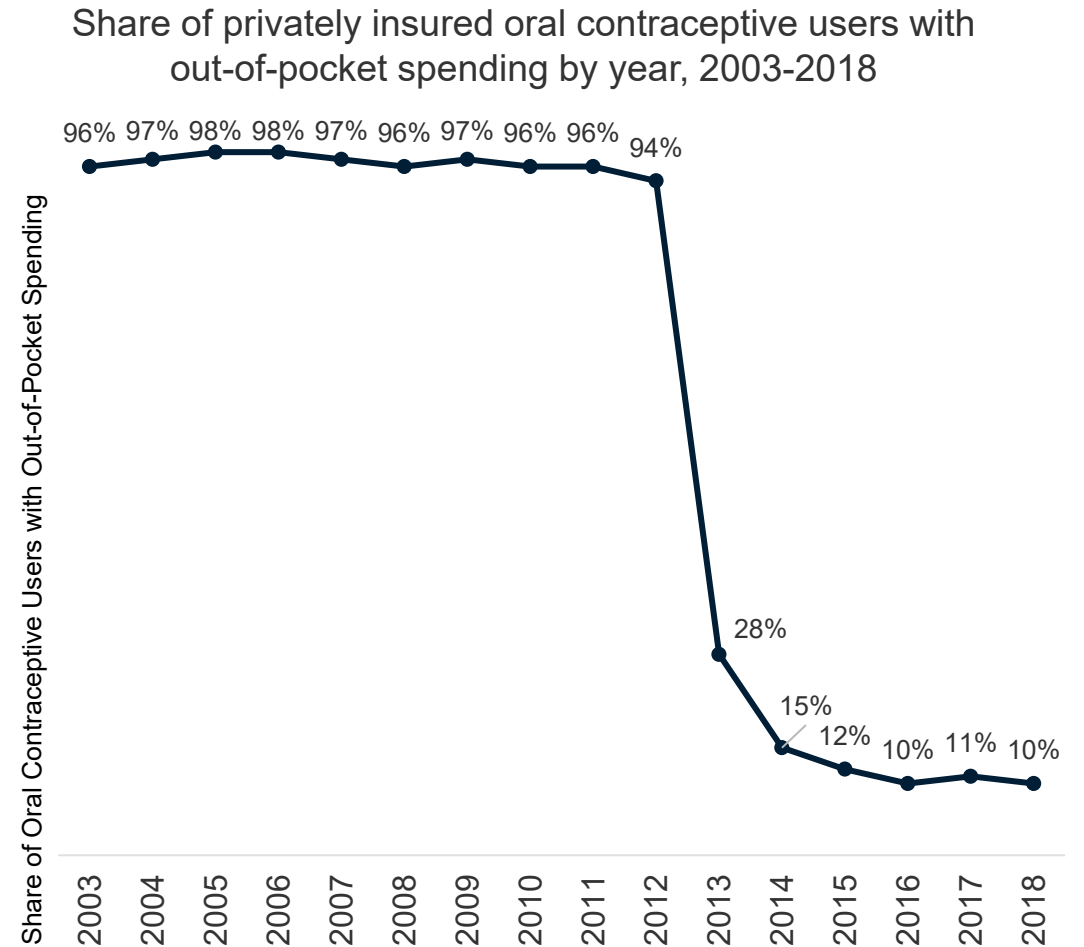


NOTE: Among females ages 18-49 who are not pregnant or not currently trying to get pregnant.

SOURCE: Frederiksen B, Ranji U, Long M, Diep K, Salganicoff A. [Contraception in the United States: A Closer Look at Experiences, Preferences, and Coverage](#). KFF. Nov 2022.

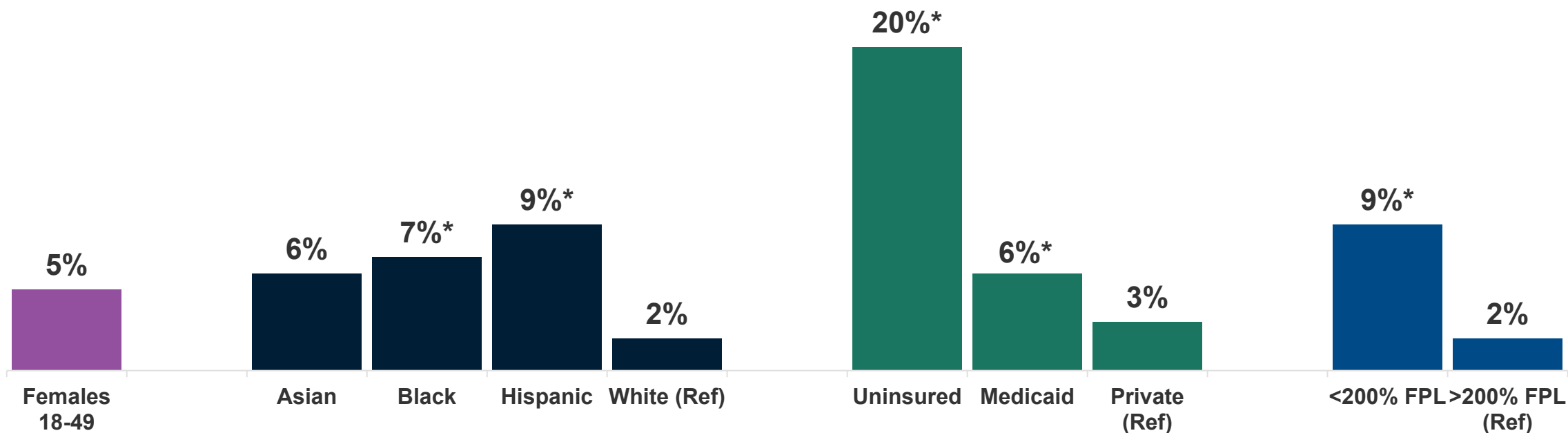
The US Infrastructure to Finance Contraception

- **ACA** - requires most private plans to cover contraceptive services and supplies without cost-sharing
- **Medicaid** - largest public payer for family planning; mandatory benefit that all states must cover without cost-sharing
- **Title X** - federal grant program supporting clinics that deliver family planning care to people who are lower-income, uninsured, and underserved



Cost is Still a Barrier for One in Five People Without Insurance

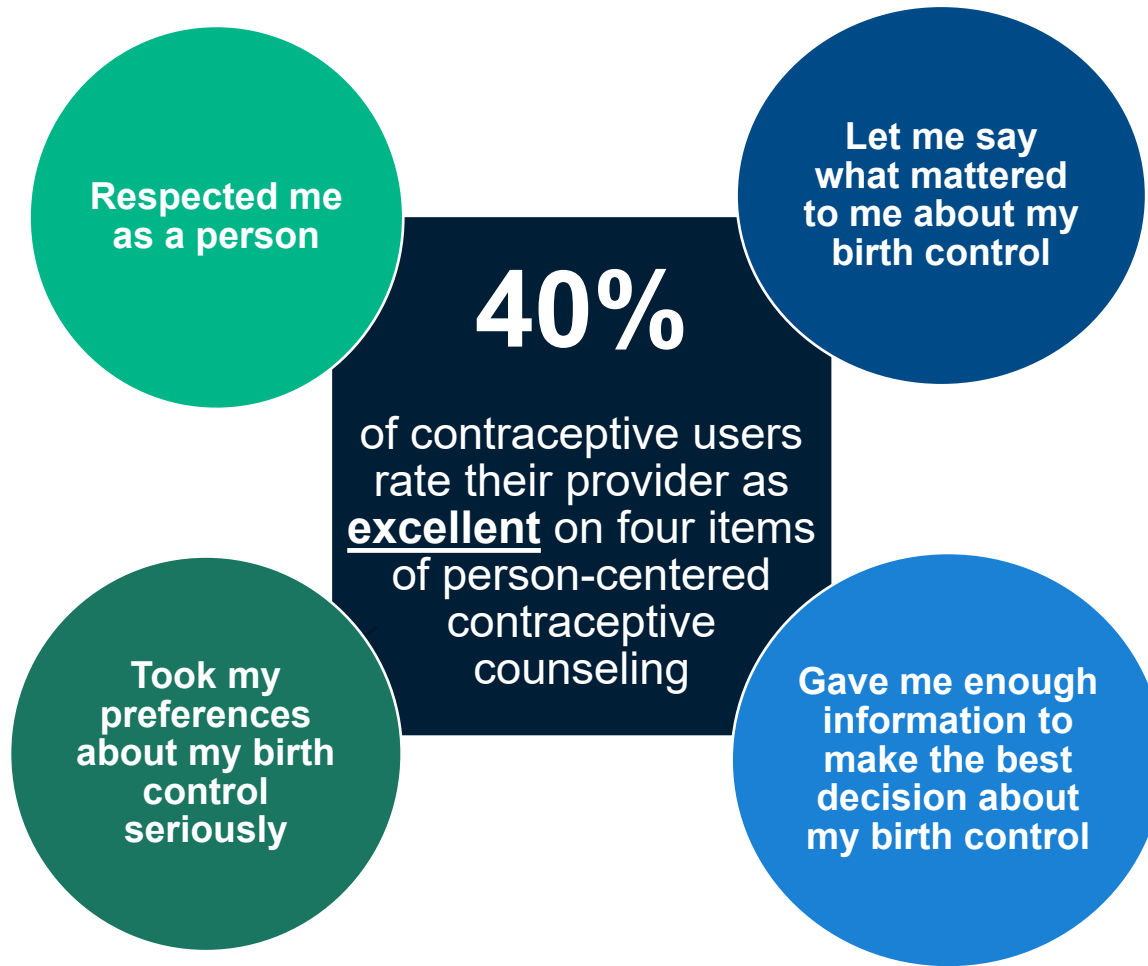
Share of reproductive age females reporting they had to stop using a birth control method in past 12 months because they couldn't afford it:



NOTE: Estimate is statistically different than reference (Ref) estimate within group ($p < 0.05$). Persons of Hispanic origin may be of any race, but are categorized as Hispanic for this analysis; other groups are non-Hispanic.

SOURCE: Frederiksen B, Ranji U, Long M, Diep K, and Salganicoff A. [Contraception in the United States: A Closer Look at Experiences, Preferences, and Coverage](#). KFF. November 2022.

Less than Half of Contraceptive Users Rate their Counseling as Excellent, Few Got Amount of Info They Felt They Needed



Only **30%**
said they had all
the information
they needed
before choosing
their birth control
method

Many OBGYNs Say That Autonomy and Ability to Practice Within Standard of Care Are Worse Since *Dobbs*

OBGYNs practicing in states where abortion is:

■ **Available Under Most Circumstances**

AK, CA, CO, CT, DC, DE, HI, IL, MA, MD, ME, MT, NM, MN, MI, NH, NJ, NV, NY, OR, VA, PA, RI, VT, WA, WY.

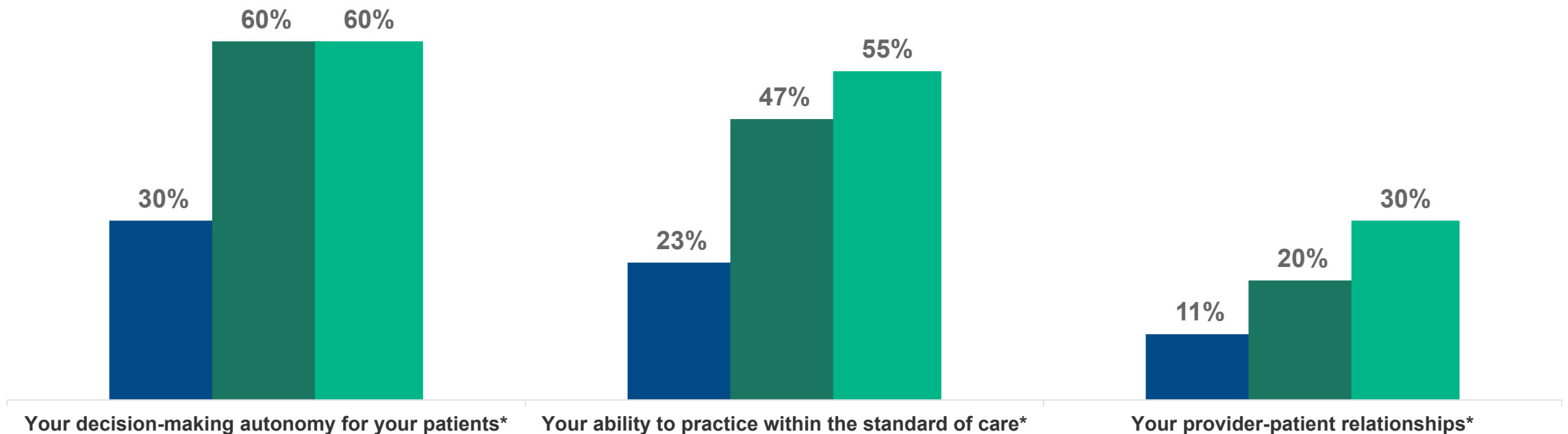
■ **Gestational Restrictions**

AZ, FL, GA, IA, IN, KS, NC, ND, NE, OH, SC, UT.

■ **Banned**

AL, AR, ID, KY, LA, MO, MS, OK, SD, TN, TX, WI, WV

Share who say that based on their clinical experience, since *Dobbs* Decision, the following



NOTE: *Estimates for gestational restrictions and banned are statistically different from estimates for available under most circumstances ($p < 0.05$).

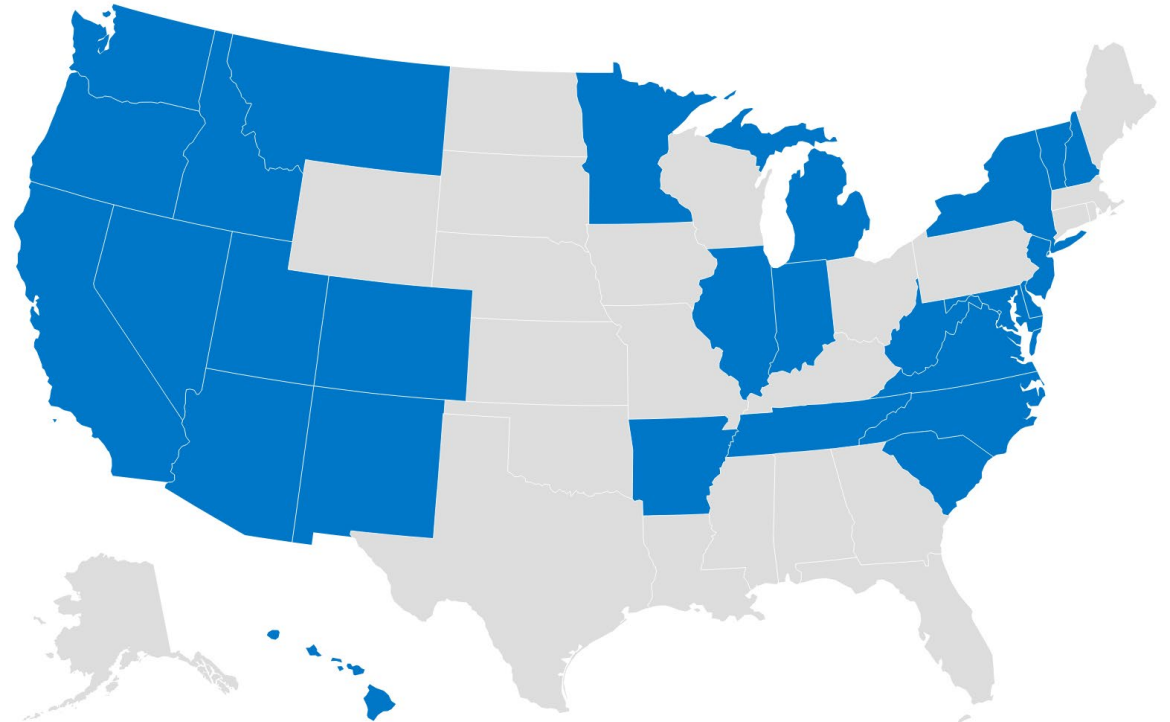
Fielded March 17, 2023 – May 18, 2023.

SOURCE: Frederiksen B, Ranji U, Gomez I, Salganicoff A. [A National Survey of OBGYNs' Experiences After Dobbs](#). KFF. Jun 2023.

Contraception is Increasingly Available Outside of Traditional Clinical Settings

- COVID pandemic increased interest in and use of tele-contraception apps or platforms
- OTC oral contraceptive pills on the horizon: Opill soon to be available over-the-counter
- Pharmacists can prescribe in over half of states
- Still kinks to work out:
 - Contraceptive counseling is limited
 - Few offer referral to IUD, implant, or permanent contraceptive options
 - Limited participation with insurance plans and Medicaid, and payment for pharmacists for counseling is problematic
 - Pathway for coverage of OTC and payment of counseling outside of traditional setting challenging

Twenty-Seven States and D.C. Have Passed Laws Permitting Pharmacists to Prescribe Oral Contraceptive Pills



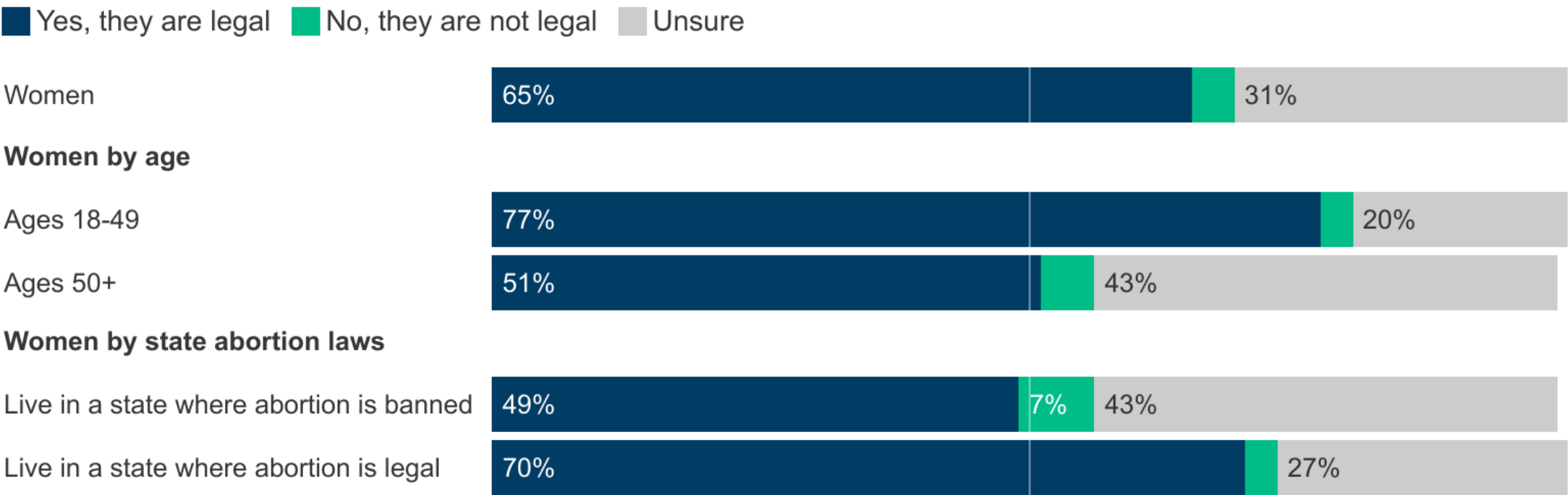
NOTE: As of October 2023. For more information, see [Oral Contraceptive Pills: Access and Availability](#).

SOURCE: KFF. Contraception 2.0: Findings of a National Study of Online Contraception Platforms. May 18, 2021.

Misinformation is a Persistent Problem

Despite Being *Legal in All States*, Many Women Are Unsure Whether Emergency Contraceptive Pills Are Legal in Their State

As far as you know are emergency contraceptive pills, sometimes called morning after pills or “Plan B” legal in your state?



NOTE: States with full abortion bans as of 2/1/23: AL, AR, ID, KY, LA, MS, MO, OK, SD, TN, TX, WI, WV. See topline for full question wording.
SOURCE: [KFF Health Tracking Poll \(January 17-24, 2023\)](#)

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Panelists



Understanding the Landscape: Post-Roe Contraception Through a Sexual and Reproductive Health Equity Lens

Jamie Hart, PhD, MPH Executive Director
Coalition to Expand Contraceptive Access



The Risk of Provider Coercion for Contraception *Post-Dobbs*

Kavita Shah Arora, MD, MBE, MS,
Associate Professor and Division Director General Obstetrics and Gynecology,
University of North Carolina – Chapel Hill



***Dobbs* Decision Overreach: Post-Abortion Contraception**

Cynthia Harper, PhD
Professor of Obstetrics, Gynecology and Reproductive Sciences
University of California, San Francisco School of Medicine



Adolescent Contraception Access

Kami Geoffray, JD
President
Geoffray Strategies, LLC