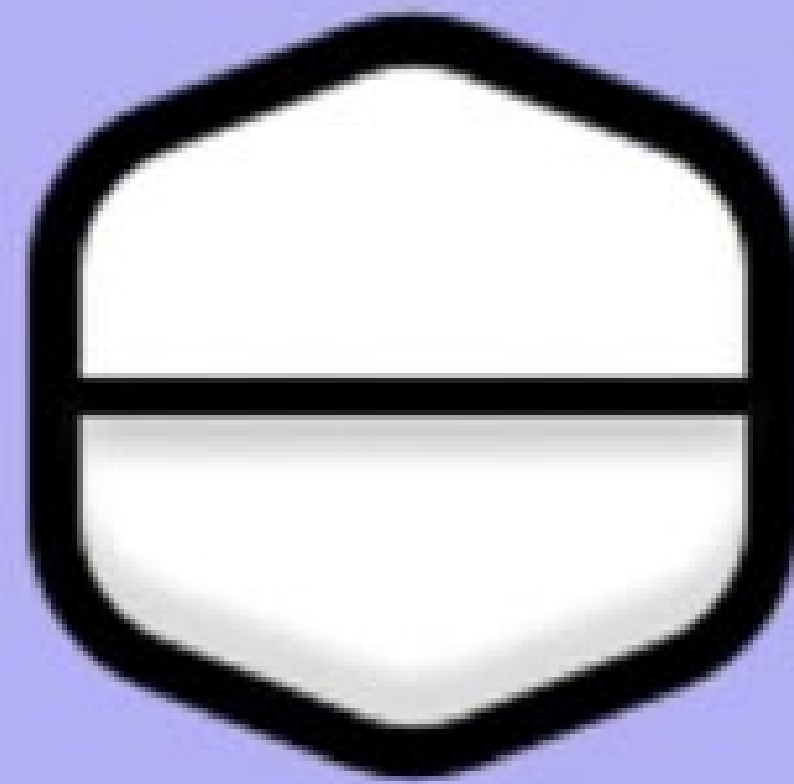

Measuring self-managed medication abortion in the post-*Dobbs* landscape

Abigail R.A. Aiken, MD, MPH, PhD
Project SANA
LBJ School of Public Affairs
The University of Texas at Austin



Project SANA

The Self-Managed Abortion Needs Assessment Project

www.projectsana.org

[@ProjectSANAteam](https://twitter.com/ProjectSANAteam)



Background

Self-Managed Medication Abortion:

Process of obtaining medication abortion pills, mifepristone & misoprostol, or misoprostol alone, and managing one's own abortion outside of the formal healthcare setting

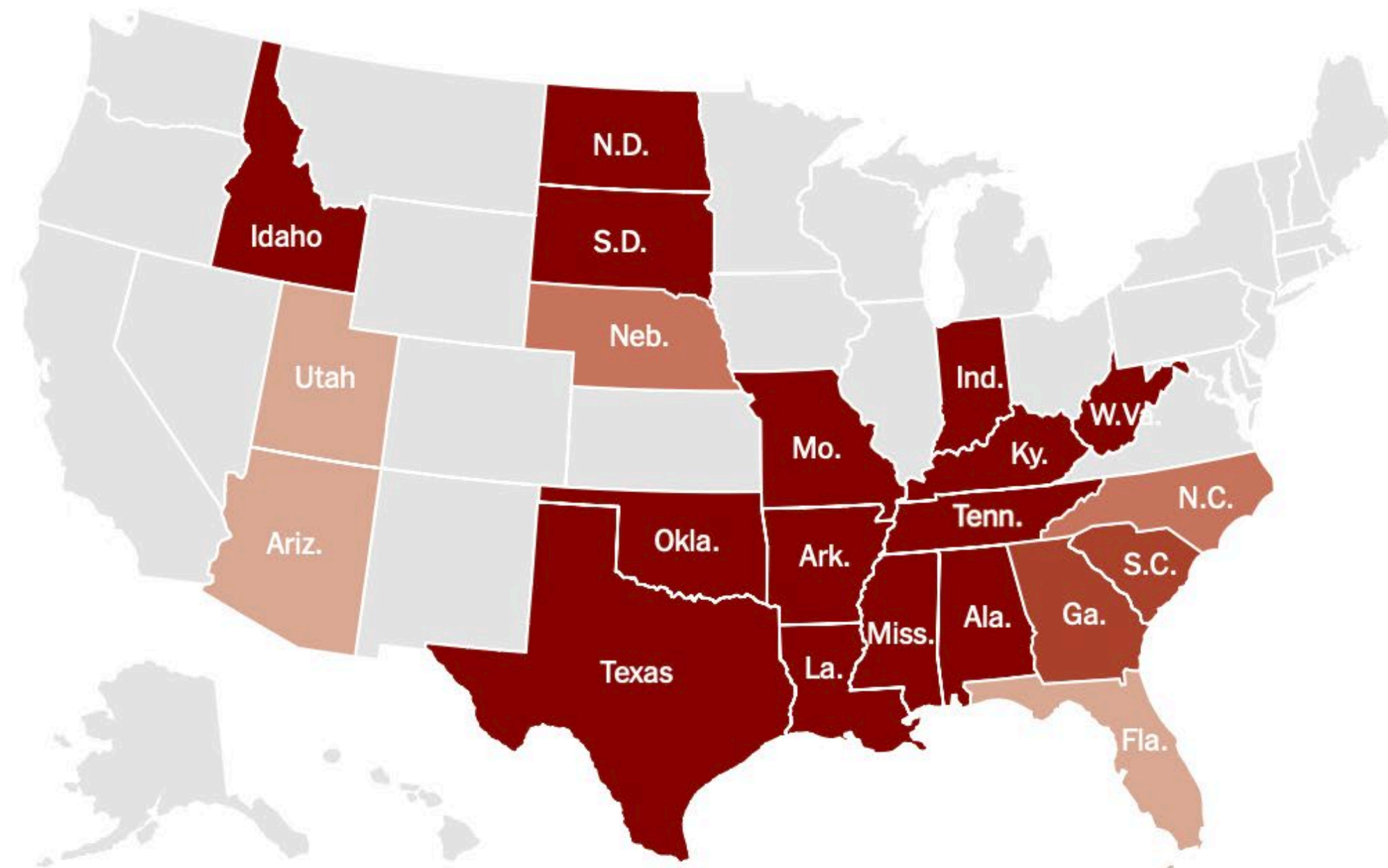
Self-Managed Abortion with other methods:

Process of obtaining an abortion method (herbs, teas, remedies, etc) - some effective, some not, and attempting to induce one's own abortion outside of the formal healthcare setting

Tracking Abortion Bans Across the Country

By [The New York Times](#) Updated Sept. 29, 9:30 A.M. ET

■ Full ban ■ Six weeks ■ 12 weeks ■ 15-18 weeks



Post-*Dobbs*, people may be more likely to need or to prefer self-managed abortion



AidAccess

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Consultation



Get abortion pills by mail

Aid Access supports women, girls, trans men, nonbinary and all people with an unwanted pregnancy to access an abortion or miscarriage treatment. If you are less than 11 weeks pregnant, please click...

Self-managed abortion is hard to count

Since 2018, Project SANA has been tracking requests to Aid Access, an organization that provides abortion pills online to people in all 50 states and DC

We have also established the safety, effectiveness, and acceptability of self-managed medication abortion with respect to this model

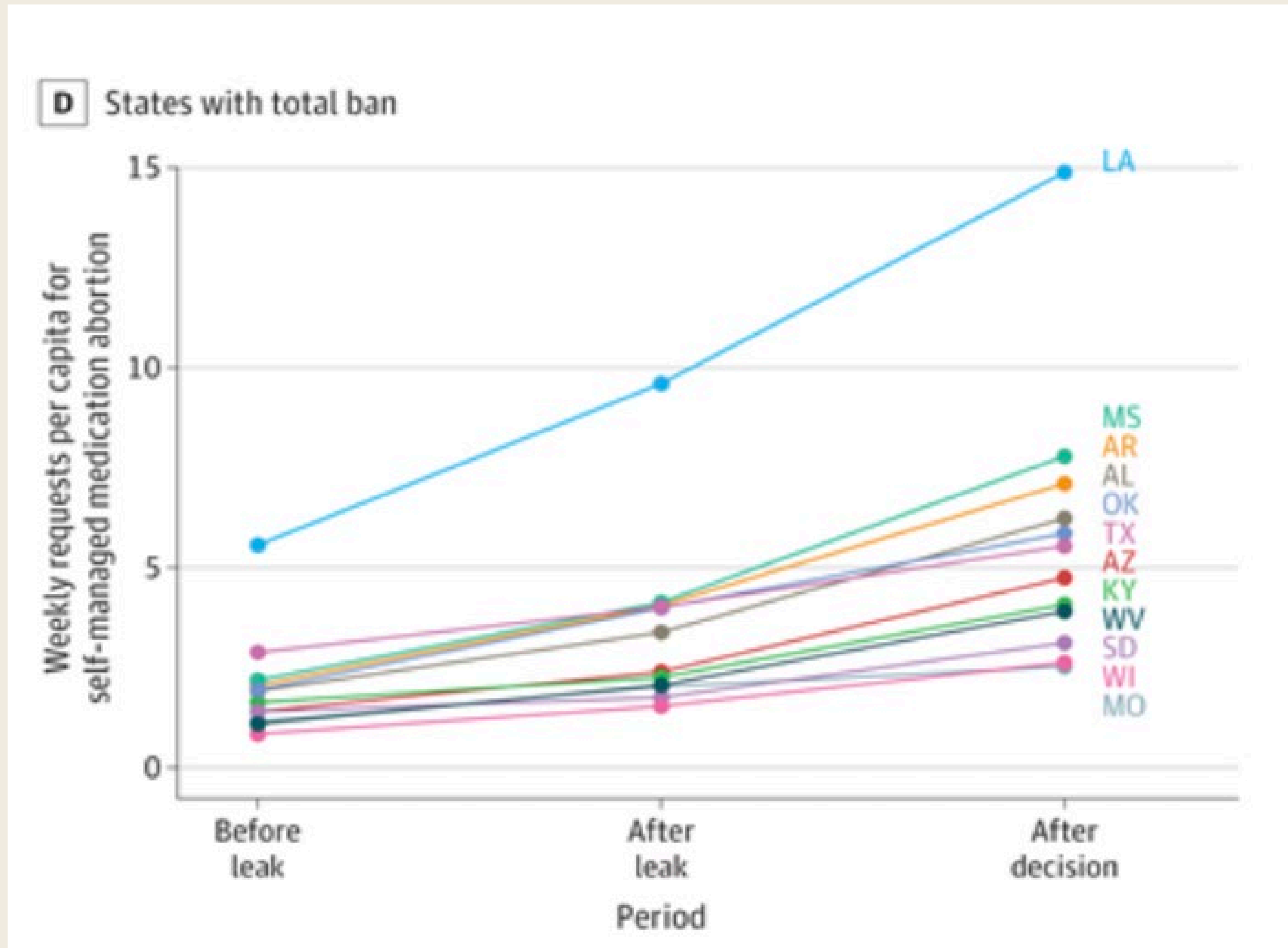


Experiences seeking, sourcing, and using abortion pills at home in the United States through an online telemedicine service. SSM – Qualitative Research in Health 2022.



Safety and effectiveness of self-managed medication abortion provided using online telemedicine in the United States: A population based study. The Lancet 2022.

When states restrict abortion, requests for Aid Access services rise





USA abortion providers **Aid Access** started serving all USA states.

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RED STATE ACCESS

In a restricted state? Looking for information on safe abortion access? We're here for you.



Mapping the Post-Dobbs self-managed abortion landscape and examining volumes for different pathways



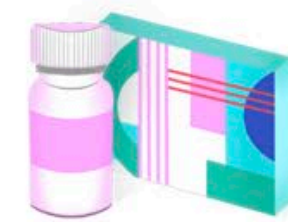
Online clinics that mail pills

For people who want abortion pills by mail and follow-up support from a clinician.

💰 \$150 or less 🚚 1-5 days

👩 Clinician support

💊 FDA-approved medications



Websites that sell pills

For people who want abortion pills by mail without consulting a clinician.

💰 \$47 and up 🚚 3-9 days

⚠️ Alternative supplier

💊 Generic medications (from India)



Community support networks

For people who can't afford other services and want pills from a grassroots volunteer network.

💰 Free 🚚 5-10 days ⚠️ Alternative supplier

💊 Generic medications (from India)

the
**SELF-MANAGED
ABORTION
NEEDS
ASSESSMENT**

project

learn more:
info@projectsana.org
projectsana.org



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Thank You!

For access to papers:

<https://sites.utexas.edu/sana/>