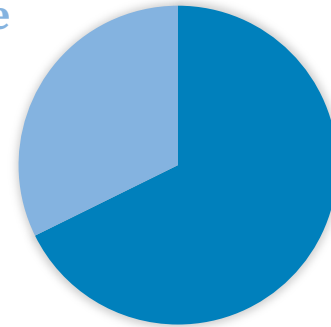


CGS by the Numbers

484 U.S. and Canadian
Member Universities

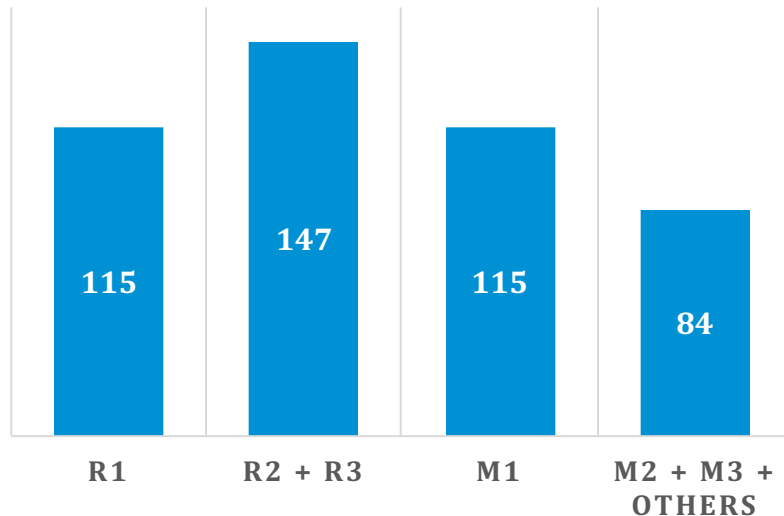
27 International Members

Private
32%



Public
68%

CGS Members by Carnegie Classification



1,849,606 Aggregate Enrollment
(master's & doctoral students)

CGS Members in the U.S. Award

476,616
*master's degrees
annually*

60,823
*doctoral degrees
annually*

Perceptions of the Challenges

63% respondents strongly agreed or agreed that graduate students struggle to maintain mental well-being more than students five years ago.

Recognizing Symptoms & Referring to Services

More than four out of ten graduate deans think that more can be done to inform and train graduate faculty members, faculty advisers, PI's, and dissertation/thesis chairs, as well as graduate program directors/department chairs and graduate students.

CGS Global Summit: Cultural Contexts of Health and Well-Being in Graduate Education

Supported by:



Areas of Consensus (selected)

- Contribute to a culture of inclusion that supports mental health and wellbeing for all members of the university community.
- Adopt a consistent terminology to distinguish between mental health, mental illness, and mental wellbeing.
- Delineate the roles of supervisors and mental health professionals by clarifying expectations and responsibilities for supervisors.
- Develop plans for responding to the mental health consequences of traumatic events.
- Evaluate in a consistent and comparable way the impact of measures taken to promote better graduate student mental wellbeing.

Supporting Graduate Student Mental Health and Well-Being



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Goal: To Build an Evidence-Base to Support Policy & Action

1. What resources, policies and processes do graduate institutions currently use to alleviate psychological distress and promote well-being?
2. To what extent are resources and practices tailored to the needs of specific communities?
3. What barriers exist for effectively implementing such policies and processes?
4. To what extent are programs and interventions assessed for their effectiveness, and what is their known impact?

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