

The National Academies of
SCIENCES • ENGINEERING • MEDICINE

Supporting the Whole Student: Mental Health, Substance Abuse, and Well-being in Higher Education

Keck Center
500 5th Street NW, Washington, DC
Room 106
December 9-10, 2019

[Link to Registration \(in-person and virtual\)](#)

Meeting Objectives

- Discuss working group activities and begin to identify key themes for the report
- Receive external presentations and deliberate findings
- Identify remaining constituents to be invited to future open sessions
- Determine work plan in advance of meeting 3
- Complete committee introductions, including bias and conflict of interest discussion for members not present at the first meeting

DAY 1: Monday, December 9 open sessions run from 8:45am to 1:00pm

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| OPEN SESSION |
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| 8:45 am | Welcome and Committee Introductions Moderated by Alan Leshner, Study Chair |
| 9:00 am | Brief data presentations from committee members <ul style="list-style-type: none">• Data discussion on clinical load index, Ben Locke, Executive Director, Center for Collegiate Mental Health, Penn State University• Discussion of the Healthy Minds Network, Daniel Eisenberg, Director of the Healthy Minds Network and Faculty Associate at the Population Studies Center, University of Michigan |
| 9:45 am | Panel I: University policies and structures <ul style="list-style-type: none">• Key regulations and their impact on student mental health (FERPA/HIPAA): Julia Garrison, David & Mickey Bazelon Fellow, Bazelon Center on Mental Health• Developing Response Plans to Students in Distress and Crisis: Victor Schwartz, CMO, Jed Foundation• Learning from the behavioral intervention teams on campus:<ul style="list-style-type: none">○ Sylvia Galvan Gonzalez, Austin Community College○ Leo Hermann, Fort Hays State University |
| 11:15 am | Break |

11:30 am **Panel II: Data and Understanding the Needs of All Students**

- **Responding to California legislation on community college mental health services:** Nicole Alexander, Mental Health Statewide Lead/Region G Programmatic Support, Educational Services and Support Division, California Community Colleges Chancellor's Office
- **Equity in Mental Health Framework:** Deidra Dain, Senior Advisor for Programs, and Jan Collins-Eaglin, EMHF Project Lead, The Steve Fund
- **Data from the American College Health Association:** Mary Hoban, Chief Officer of Research
- **Approaches to addressing substance use issues:** Marjorie Malpiede, Executive Director of the Mary Christie Foundation, and Amelia Arria, University of Maryland

1:00 pm **Conclusion of open session**
Committee will meet until 5:00pm in closed session

DAY 2: Tuesday, December 10 open sessions run from 9:00am to 11:30am ET

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| OPEN SESSION |
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9:00 am **Welcome and Objectives for Day II**

9:30 am **Panel III: Campus Programs and Initiatives**

- **New approaches and models to support students:** Elizabeth Jago and Aarti Khullar, Founders, and Brendon Crawford, Lead Software Engineer, The Shrink Space
- **Changing legal and policy structures affecting mental health and postsecondary education:** Peter Lake, Charles A. Dana Chair and Director, Center for Excellence in Higher Education Law and Policy, Stetson University
- **Evidence-programs to meet increased need for services:** Bernadette Mazurek Melnyk, Founder & President, the National Consortium for Building Healthy Academic Communities (BHAC) Editor, Worldviews on Evidence-based Nursing, The Ohio State University
- **GatorWell and the use of wellness coaching:** Monica Cecilia Webb, Associate Director of GatorWell Health Promotion Services, University of Florida
- **Developing a mental health bill of rights for graduate students:** Mark Wallace, Dean of the Vanderbilt School of Education, and Chris Tasich, Ph.D. Candidate, from Vanderbilt University

11:30 am **Conclusion of open session**
Committee will meet until 3:00pm in closed session