The Shrink Space

Presentation for

The National Academies of SCIENCES ENGINEERING MEDICINE

Meet the Founders.

Co-Founders Aarti Khullar, PsyD and Beth Jago, PsyD met in graduate school at The Chicago School of Professional Psychology. They shared similar interests in college mental health and began consulting together while in school. They each worked at several university counseling centers including Boston College, Johns Hopkins, University of Chicago, and The Jewish Theological Seminary.

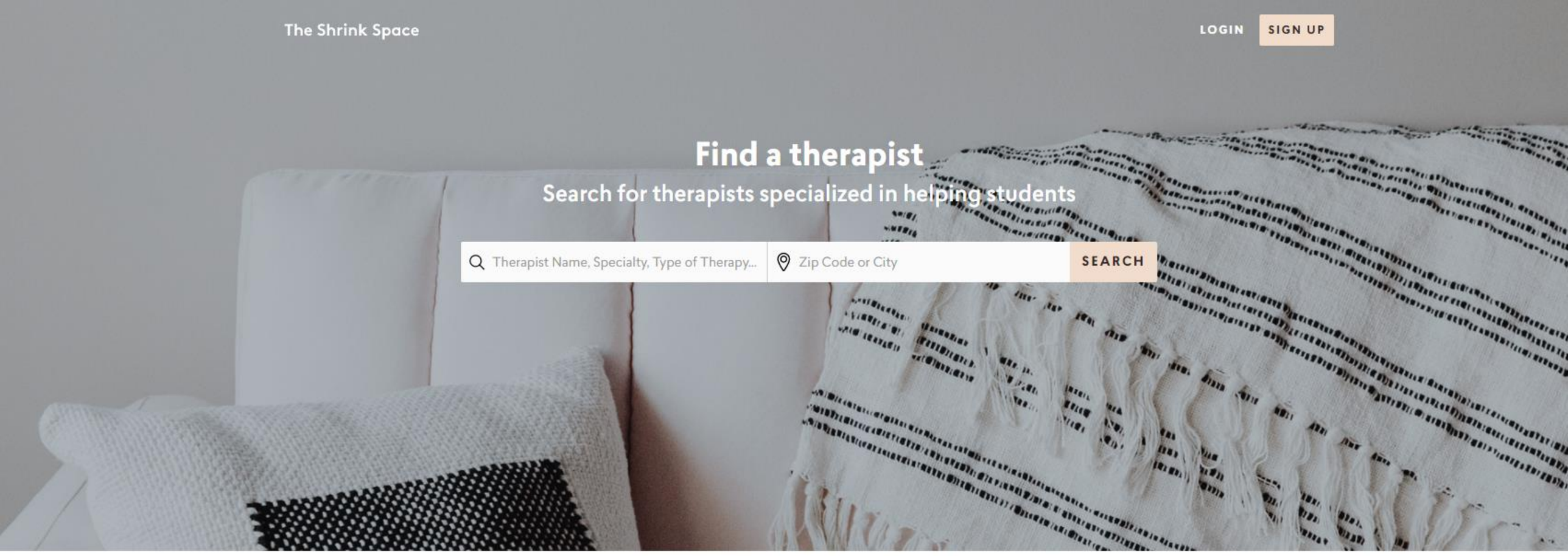
We've seen the challenges from all 3 sides.

The founders have each spent over 5 years at various university counseling centers and over 8 in private practice, offering unique insight into the dynamics at play in how students are delivered mental health services.

AARTI KHULLAR, PSYD
Co-founder

BETH JAGO, PSYD
Co-founder

Johns Hopkins University
The University of Chicago
TheChicagoSchool of Professional Psychology
William Alanson White Institute of Psychiatry, Psychoanalysis & Psychology
BPSI
JTS The Jewish Theological Seminary



Find a therapist

Search for therapists specialized in helping students

Therapist Name, Specialty, Type of Therapy...

Zip Code or City

SEARCH

HOW IT WORKS

Receive Tailored Referrals

Receive custom therapist referrals from your university counseling center straight to your inbox.

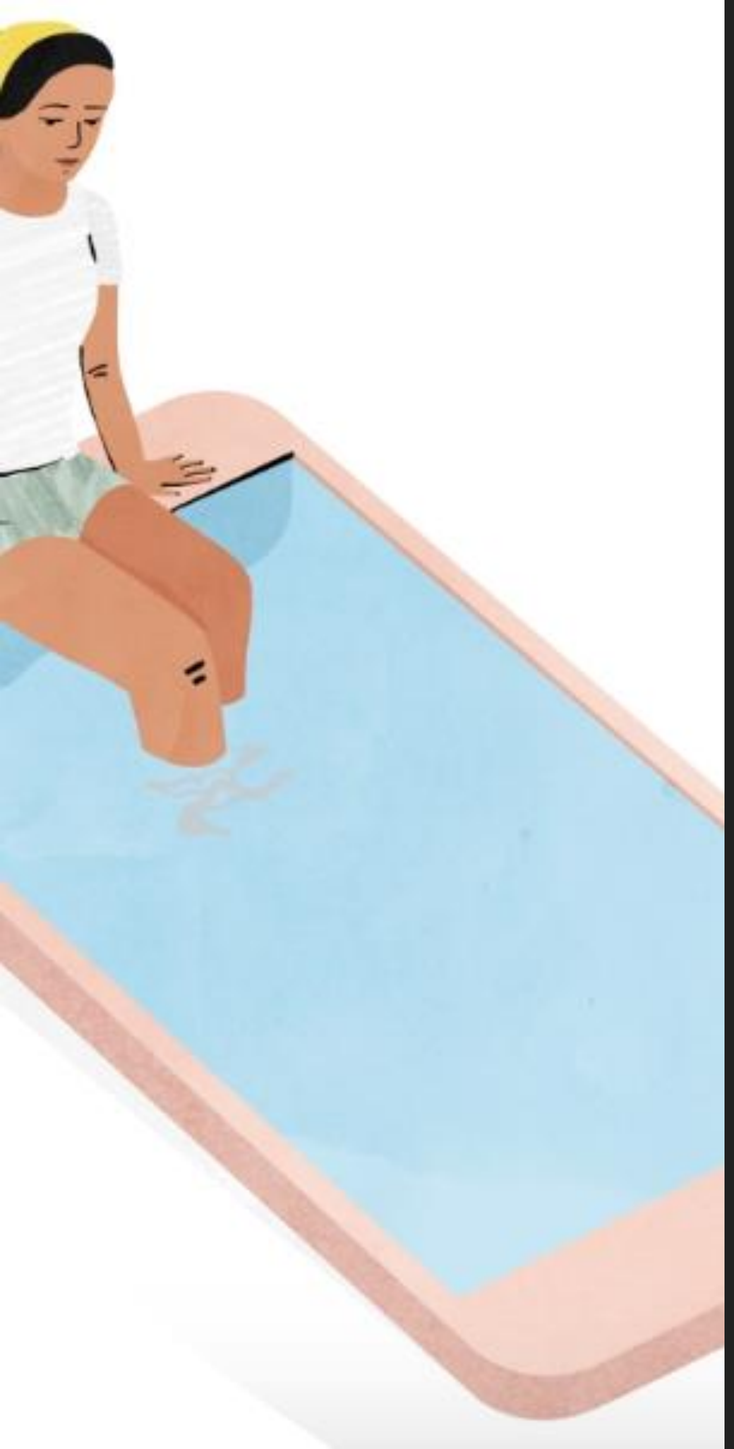
Find the Right Fit

Whether you prioritize location, availability, accepted insurance, price, specialty, gender, language or something else, our powerful filters empower you to find the perfect fit.

Book Your Appointment

Message therapists on our private, encrypted platform. No more phone tag and no need to call therapist after therapist - The Shrink Space makes booking a therapy session easier and more secure than ever.

SIGN UP



Pain Points.

1. OPAQUE REFERRAL PROCESS
2. LIMITED ACCESS TO PROVIDER AVAILABILITY & PRACTICE INFO
3. INEFFICIENT COMMUNICATION
4. DIFFICULTY CLOSING REFERRAL LOOP

Pain Points

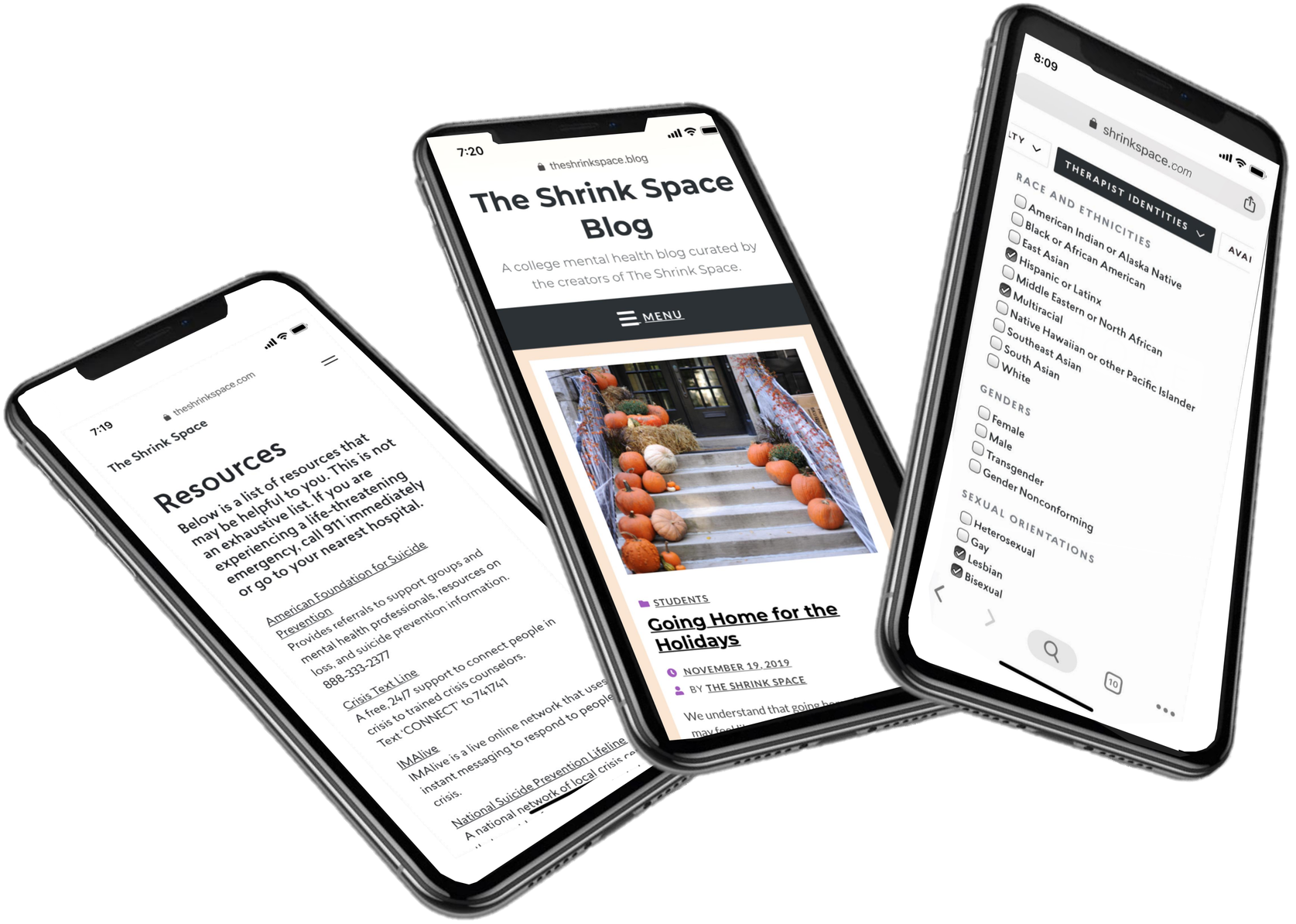
1 OPAQUE REFERRAL PROCESS

2 LIMITED ACCESS TO PROVIDER AVAILABILITY & PRACTICE INFO

3 INEFFICIENT COMMUNICATION

4 DIFFICULTY CLOSING REFERRAL LOOP

Transparent information.



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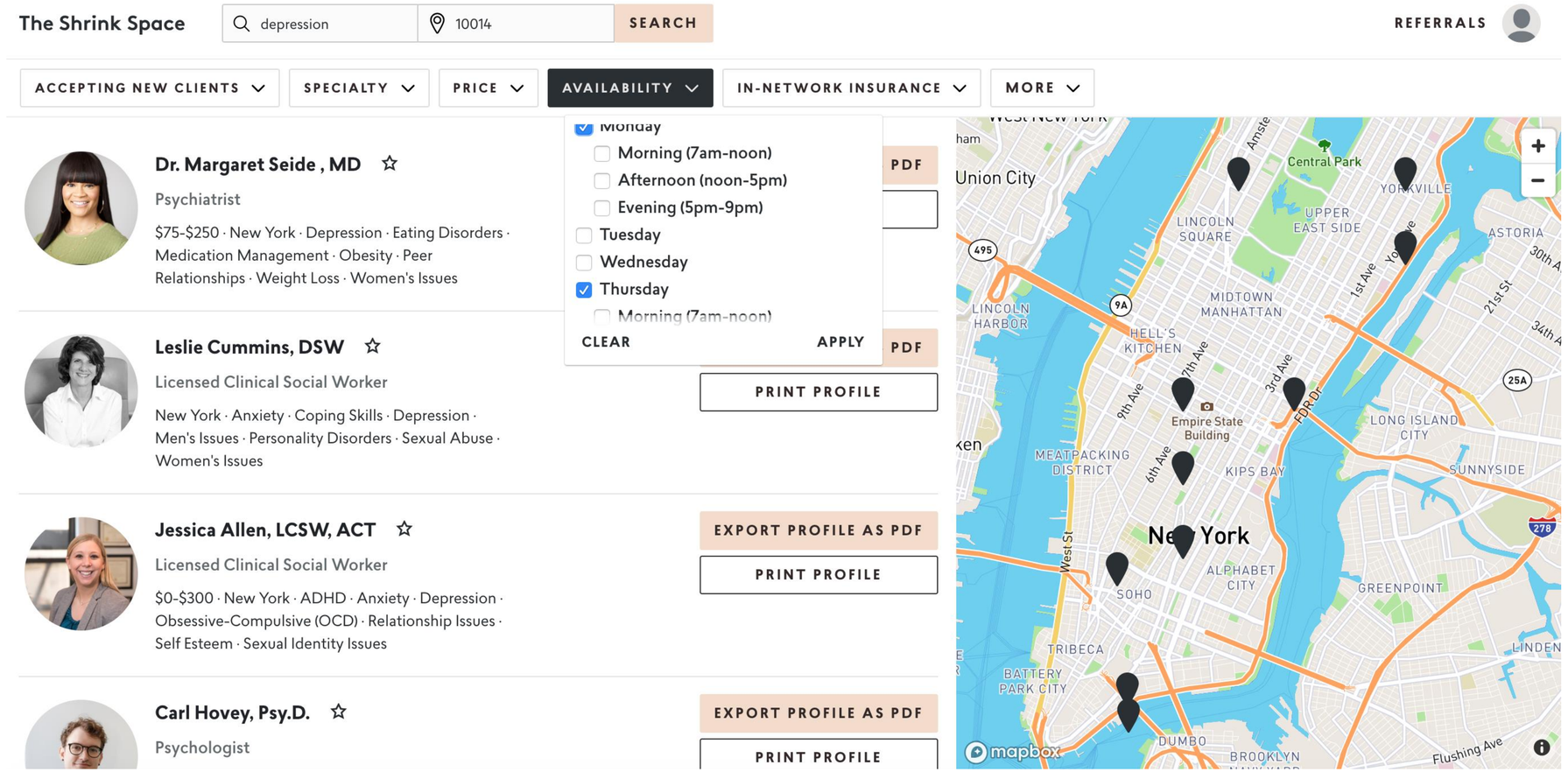
Increased accessibility.



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Optimized communication.

The Shrink Space

REFERRALS

Elizabeth Jago

Psychologist

She/Her/Hers

New York, NY

Accepting New Clients
Payments Accepted: In-network Insurance, Out of Pocket / Out of Network, Sliding Scale

Communities Served

Example University, Pace University

SELF INTRODUCTION

I'm a licensed clinical psychologist in private practice in Greenwich Village. I completed my doctoral and post-doctoral training at the Student Counseling Center at The University of Chicago and have since worked privately with student populations and adults of all ages. While I

Read more

SPECIALTIES

- Addiction
- Anxiety
- Depression
- Eating Disorders
- Relationship Issues

EXPORT PROFILE AS PDF

CURRENTLY AVAILABLE

Thursdays: 05:00 PM - 06:00 PM

Profile last updated 2 days ago

Name*

Jane Doe

Email Address*

jdoe@youruniversity.edu

Phone Number*

(123) 456-7890

Pronoun

Message to Provider*

Our providers are here to help. Use this form to ask a question or request a consultation appointment.

Pain Points

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Data.

The Shrink Space increases visibility into the off-campus referral process by providing data points to counseling centers.

UTILIZATION DATA

STUDENT DISPOSITION STATUS

MORE NUANCED FUTURE REFERRALS

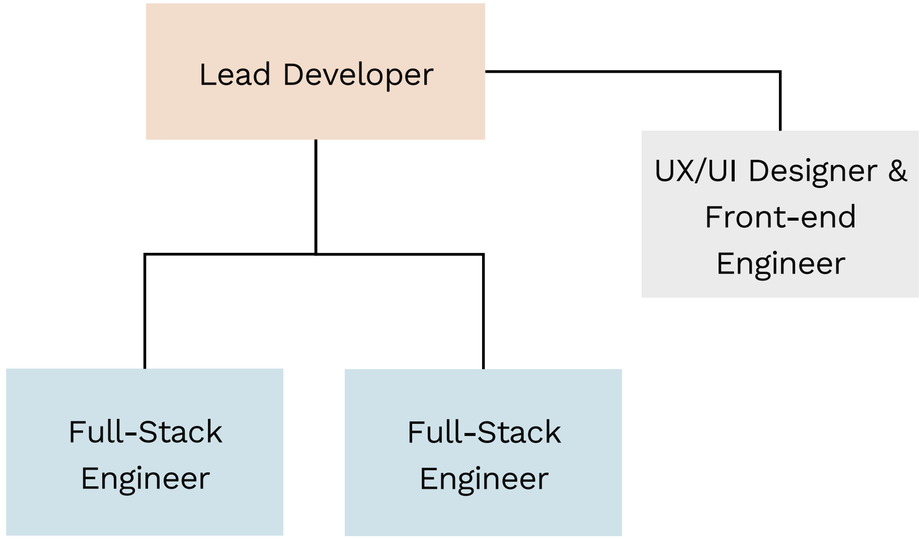
DATA-DRIVEN COUNSELING CENTER DECISION-MAKING

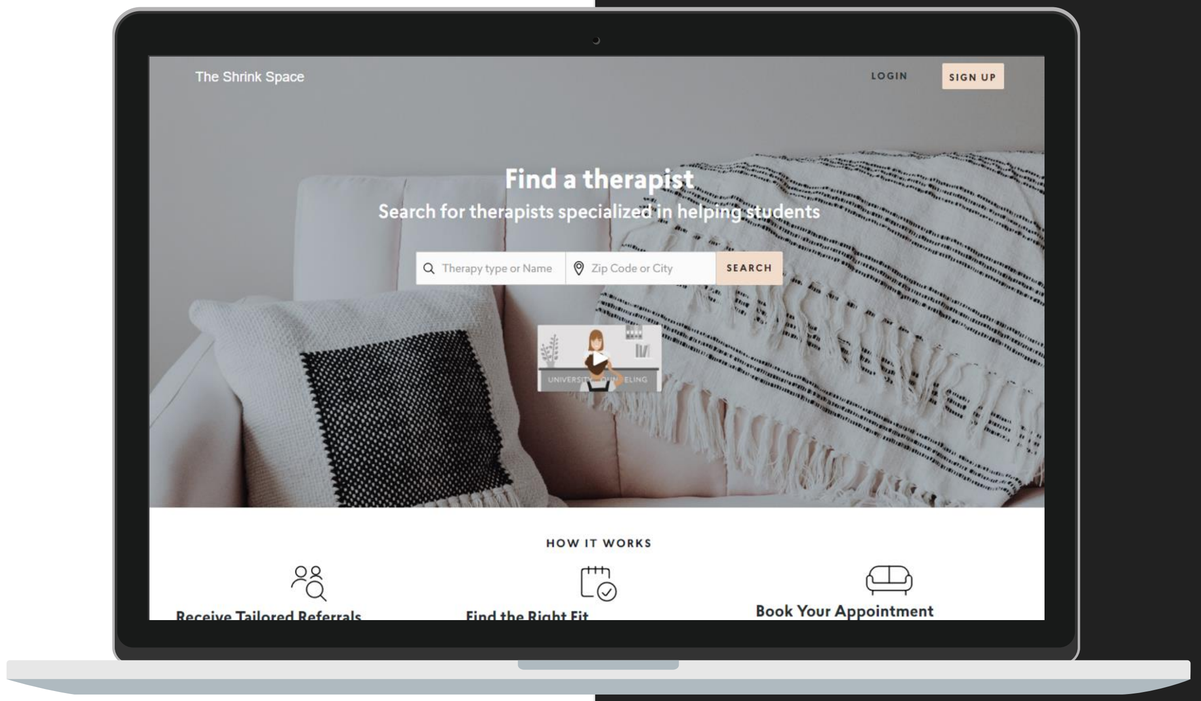
The result:

Continuity of quality care for students

Development team.

The Shrink Space development team has over 50 years of collective computer programming experience building SaaS products and HIPAA-compliant platforms.





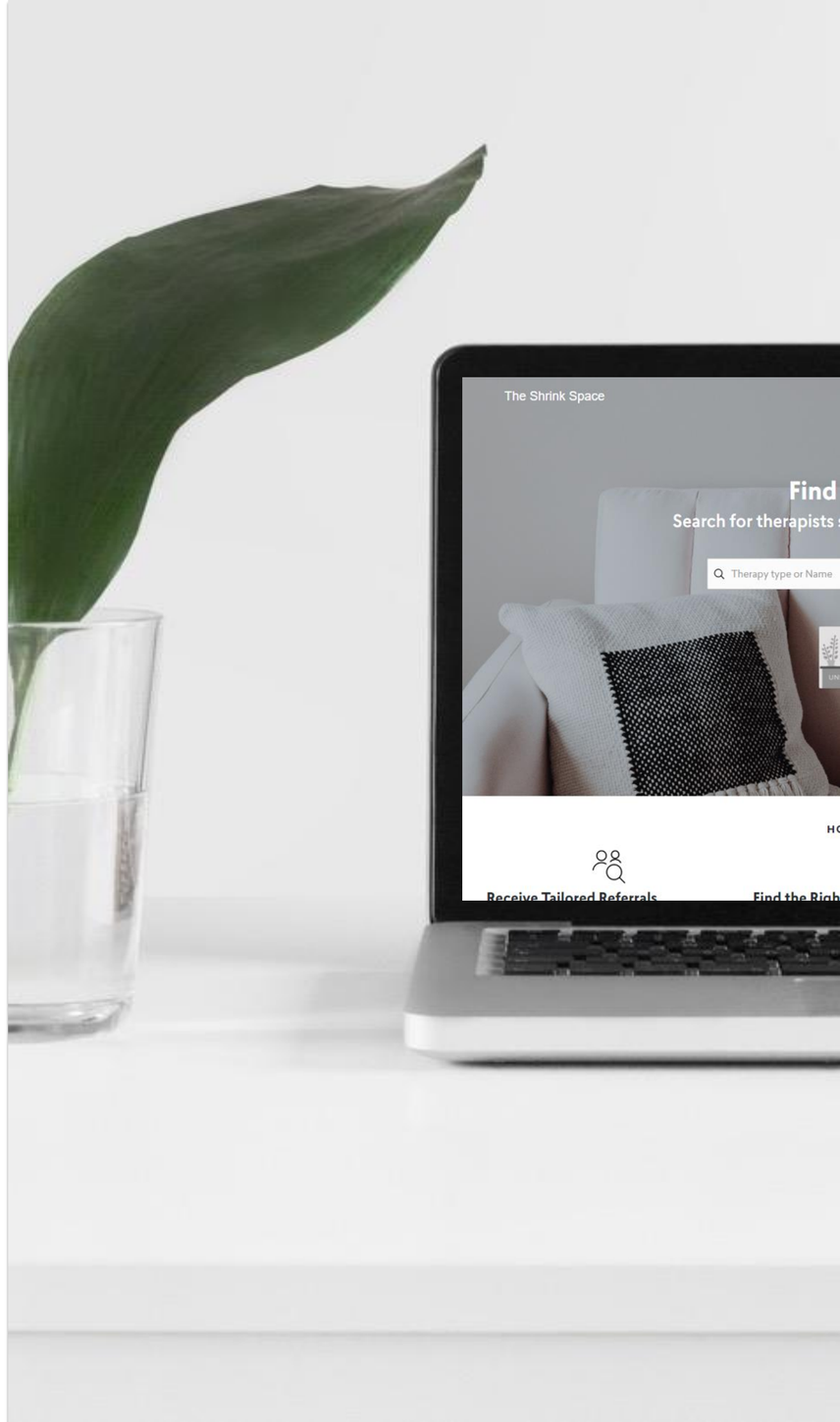
Key points.

1 Our mission is to **improve student access to quality mental health care** by using technology to support counseling centers and their students.

2 We **streamline the referral process** for university counseling centers, saving them administrative time and improving the referral fit.

3 We **meet students' development needs** and technological expectations to empower them to access off-campus mental health care.

4 We help counseling centers manage the lifecycle of a referral by **increasing visibility into continued student care** off-campus.



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