

Board on Children, Youth, and Families

Committee

Jonathan Todres

Chair

Jonathan Todres, J.D., is Distinguished University Professor and Professor of Law at Georgia State University College of Law. His research focuses on children's rights and child wellbeing. In particular, he focuses on the implementation of children's rights law, human rights education, human trafficking, and youth participation. Professor Todres has authored numerous publications on a range of children's rights issues. He also serves as a regular advisor to nongovernmental organizations working to address violence against children and other children's rights issues. Professor Todres is a Fellow of the American Bar Foundation and previously served as a Fulbright Scholar in Ireland. He received his B.A. (international development) from Clark University and his J.D. from Columbia Law School. He has served on the Board on Children, Youth, and Families since 2017 and previously served on NASEM committees addressing youth leadership, bullying prevention, and sex trafficking of minors.

Tammy Chang

Member

Tammy Chang, M.D., is a health services researcher and practicing family physician with a passion for adolescent health, specifically, breaking the cycle of poverty and poor health among adolescent mothers and their children via community-engaged research. Her NIH-sponsored research is focused on improving access to reproductive health care and promoting healthy pregnancy weight gain among at-risk adolescents using text messaging, social media mining, and natural language processing (NLP). She is also the founding director of MyVoice (www.hearmyvoicenow.org) a national text-message poll of youth aged 14-24 years. MyVoice engages youth and communities typically invisible to researchers, and uses mixed methods and NLP to inform local and national policies in real-time. Dr. Chang is also the Director of the Health Behavior Optimization for Michigan (HBOM) Collaborative Quality Initiative, a statewide clinical quality improvement initiative with funding and support from Blue Cross Blue Shield of Michigan. Through her leadership, HBOM uses cutting-edge behavior change strategies to transform clinical practices and priorities. HBOM initiatives make the healthy choice the easy choice so all Michiganders can achieve their health and wellness goals. Dr. Chang is a Co-Director of the National Clinician Scholars Program at the University of Michigan where she trains junior faculty clinicians in health services research and teaches a Master's level course in Leadership and Communication. She actively mentors numerous high school students, undergraduate students, graduate students, medical students, and post-doctoral fellows to fill the pipeline of future health services researchers. Dr. Tammy Chang is an associate professor in the Department of Family Medicine and a practicing physician at the Corner Health Center. She received her undergraduate degree from the University of Michigan with honors in Cellular and Molecular Biology and Zoological Anthropology. She also received her medical degree and master of public health degree in health policy and management from the University of Michigan. Dr. Chang completed residency training and served as co-chief resident in the Department of Family Medicine at the University of Michigan and is an alumna of the University of Michigan Robert Wood Johnson Foundation Clinical Scholars program. She has served on committees and working groups at the National Academy of Science, Engineering, and Medicine (NASEM) and has co-authored two consensus reports on the health and development of adolescents. She currently serves on the NASEM's Board on Children Youth and Families. Dr. Chang has also served on the board of directors of both the North American Primary Care Research Group and the Society of Teachers of Family Medicine where she served as the Chairperson of the Research Committee.

Debra M. Furr-Holden

Member

Debra Furr-Holden, Ph.D., is an epidemiologist and passionate advocate for health equity currently serving as the dean of the School of Global Public Health at NYU. Her scholarship encompasses a range of topics including drug and alcohol dependence epidemiology, psychiatric epidemiology, and prevention science. Dr. Furr-Holden hails from Michigan State University, where she was the C.S. Mott Endowed Professor of Public Health and associate dean for public health integration. In addition to her endowed professorship at MSU, Dr. Furr-Holden served as director of the NIH-funded Flint Center for Health Equity Solutions at the College of Human Medicine. Dr. Furr-Holden is the recipient of numerous awards and honors, including the White House Presidential Early Career Award for Scientists and Engineers; the Michigan State University College of Human Medicine Junior Faculty Mentoring Award; and the Meeting the Moment for Public Health Award, recognizing the Michigan Coronavirus Task Force on Racial Disparities, of which she is a founding member. In 2023 she was appointed to the National Academy of Medicine. She earned her PhD in epidemiology from Johns Hopkins University Bloomberg School of Public Health.

Andrea Gonzalez

Member

Andrea Gonzalez, Ph.D., is an Associate Professor in the Department of Psychiatry and Behavioural Neurosciences at McMaster University, Canada. She holds a Tier II Canada Research Chair in Family Health and Preventive Interventions and was recently inducted in the Royal Society of Canada as a New College Member. Currently, she is an Editorial Board Member for the journals Archives of Women's Mental Health, Child Abuse & Neglect and Child Maltreatment and is a member of the Public Health Agency of Canada's Child Maltreatment Surveillance Working Group, as well as the World Health Organization's Extending the Benefits Across the Life Course Working Group. Dr. Gonzalez received her PhD (2008) in Psychology and Neuroscience from the University of Toronto and completed her CIHR and Lawson Foundation funded postdoctoral fellowships at the Offord Centre for Child Studies (2012). Her research program focuses on the developmental consequences of early life adversity; the impact of traumatic experience on brain development, behavioral outcomes and health; the intergenerational transmission of risk; and developing and evaluating evidence-based preventive interventions. Her previous training encompasses psychology, neuroscience, and epidemiology with specific emphasis on assessing preventive interventions, maternal and child health, parenting, and family violence.

Nia Heard-Garris

Member

Nia Heard-Garris, M.D., is a pediatrician, physician-investigator, and scholar-activist at the Ann & Robert H. Lurie Children's Hospital of Chicago and the Department of Pediatrics at Northwestern University Feinberg School of Medicine. In her federally-sponsored work, she examines the influence of social adversities on child and adolescent health. Dr. Heard-Garris is also interested in the factors that contribute to a child's ability to thrive despite these experiences. She believes in using research to better inform clinical practice and policy that supports children, their families, and their communities. Dr. Heard-Garris is also an active member in the American Academy of Pediatrics (AAP) and served as the Founding Chair of the Section of Minority Health, Equity, and Inclusion (2017-2023). Dr. Heard-Garris completed two prestigious fellowships during her career, the Pozen Commonwealth Fund Fellowship in Health Equity at Yale University and the Robert Wood Johnson Foundation Clinical Scholars Fellowship at the University of Michigan. She earned her Master of Business from Yale University School of Management and Master of Science in Health and Healthcare Research from the University of Michigan. She received her Doctor of Medicine (MD) from Howard University College of Medicine and her Bachelor of Science in biology at Spelman College.

Nancy E. Hill

Member

Nancy E. Hill, Ph.D., is a developmental psychologist and the Charles Bigelow Professor of Education at Harvard University. Prior to coming to Harvard, she was associate professor of psychology with tenure at Duke University in the Department of Psychology and Neuroscience. Dr. Hill brings expertise in the ways race, socioeconomic status, and community context interact and impact youths' opportunities for upward mobility, especially through secondary school and postsecondary transitions. Further, she focuses on the relational supports and mechanisms associated with adolescents' emerging sense of purpose and views of the economy as they influence post-secondary transitions to college and career. Importantly, she brings expertise in a range of research methods including quantitative and qualitative methodologies, research practice partnerships, and measurement. Dr. Hill was a recipient of the William T. Grant Foundation's Distinguished Faculty Fellowship to support her engagement with the Massachusetts' Executive Office on Education, under Governor Deval Patrick. She was awarded the Ernest Hilgard Award for Lifetime contributions to psychology from Division 1 of the American Psychological Association. Hill was named to the National Academies of Sciences Engineering and Medicine's (NASEM) Board on Children Youth and Families. She served a board member, Secretary and Board Chairperson for ChildFund International, an international NGO serving children and families in more than 25 countries. She is President of the Society for Research in Child Development. Dr. Hill received her Ph.D. and MA degrees in developmental psychology from Michigan State University. In addition, she completed her postdoctoral training at the NIMH funded Prevention Intervention Research Center at Arizona State University.

Charles J. Homer

Member

Charles Homer, MD, MPH, is Senior Advisor at Economic Mobility Pathways (EMPath), a nonprofit working to disrupt poverty; Associate Clinical Professor of Pediatrics at Harvard Medical School; and a member of the executive leadership of the Massachusetts Child and Adolescent Health Initiative. Dr. Homer served as the Deputy Assistant Secretary for Human Services Policy, Office of the Assistant Secretary for Planning and Evaluation, US DHHS from April 2015 through December 2016. He represented DHHS in shaping the Statement of Task for BCYF's Committee on Building an Agenda to Reduce the Number of Children in Poverty by Half in 10 Years. Prior to his work at DHHS, he co-founded the National Institute for Children's Health Quality (NICHQ) in 1999, and served as its president and CEO until 2015. He was a member of the third US Preventive Services Taskforce, the Secretary's Advisory Committee on Heritable Disorders in Newborns and Children and the (then) IOM Pediatric Quality committee. Dr. Homer received his BA (History) from Yale in 1976, MD from the University of Pennsylvania School of Medicine in 1980, trained in pediatrics at Massachusetts General Hospital (1980-1984) and received his MPH at the University of North Carolina, Chapel Hill, in 1986.

Margaret Kuklinski

Member

Margaret Kuklinski, Ph.D., is Endowed Associate Professor of Prevention in Social Work, Director of the Social Development Research Group (SDRG), and Acting Director of the Center for Communities That Care, School of Social Work, University of Washington. At SDRG and the Center for CTC, she oversees multidisciplinary staff dedicated to promoting healthy development and preventing substance misuse and other problem behaviors in young people through rigorous prevention science and dissemination of effective preventive interventions. Her own NIH- and foundation-funded research focuses on demonstrating the long-term impact of effective family-focused and community-based preventive interventions; partnering with communities, agencies, and services systems to implement and scale them; and building policy support for preventive interventions by demonstrating their benefits and costs. Dr. Kuklinski is a member of the Healthy Parenting in Primary Care Collaborative, conducted under the auspices of the National Academies of Science, Engineering, and Medicine, Board on Children, Youth, and Families, Forum on Child Well Being and a former member of the board of the Society for Prevention Research. She received a PhD in Psychology from the University of California, Berkeley, and an AB in Economics from Harvard University.

Michael C. Lu

Member

Michael C. Lu, M.D., MS, MPH, is the dean of the School of Public Health at the University of California, Berkeley. He was formerly the director of the federal Maternal and Child Health Bureau in the Obama Administration. Prior to his public service, Lu was a professor of obstetrics-gynecology and public health at UCLA, where his research focused on racial-ethnic disparities in birth outcomes from a life-course perspective. He has served on three National Academy of Medicine Committees, and is currently serving on the National Academies' Food and Nutrition Board. Dr Lu received his master's degrees from UC Berkeley, and medical degree from UCSF.

Stephen W. Patrick

Member

Stephen W. Patrick, MD, MPH, MS, FAAP is Professor and Chair of the Department of Health Policy and Management at the Rollins School of Public Health, Co-Director of the Center for Health Services Research, and a practicing neonatologist at Emory University. He is also an Adjunct Physician Policy Researcher at RAND Corporation. Dr. Patrick joined Rollins from Vanderbilt University Medical Center where he was Professor of Pediatrics and Health Policy, the William R. Long Director of Child Health Policy at the Vanderbilt Center for Child Health Policy, and Executive Director of Firefly. Dr. Patrick is a graduate of the University of Florida, Florida State University College of Medicine, and Harvard School of Public Health. Dr. Patrick completed his training in pediatrics, neonatology and health services research as a Robert Wood Johnson Foundation Clinical Scholar at the University of Michigan. Dr. Patrick's National Institutes of Health-funded research focuses on improving outcomes for pregnant people with opioid use disorder and their infants. He previously served as Senior Policy Advisor to the White House Office of National Drug Control Policy where he led an interagency policy process that resulted in the Administration's action plan to improve outcomes for pregnant people with substance use disorder and their infants. He also previously served as a Guest Researcher at the Centers for Disease Control and Prevention, as a member of the American Academy of Pediatrics Committee on Substance Use and Prevention and has been a voting member on several US Food and Drug Administration Advisory Boards focused on opioid use in children. He has testified about the impact of the opioid crisis on pregnant people and infants before committees in both the US House of Representatives and the US Senate. Dr. Patrick's awards include the American Medical Association Foundation Excellence in Medicine Leadership Award, the Nemours Child Health Services Research Award, the Society for Pediatric Research Young Investigator Award and the Gale and Ira Drukier Prize in Children's Health Research. He has published more than 130 peer review articles including in leading scientific journals including the New England Journal of Medicine, JAMA, Pediatrics and Health Affairs.

Jenny S. Radesky

Member

Jenny S. Radesky, M.D., is the David G. Dickinson Collegiate Professor of Pediatrics and Division Director of Developmental Behavioral Pediatrics at the University of Michigan Medical School. Her NIH-funded research examines the use of mobile and interactive technology by parents and young children, parent-child relationships, and child social-emotional development. This work has generated novel conceptual frameworks focused on relational health and child-centered digital design. She is Chair of the American Academy of Pediatrics (AAP) Council on Communication and Media, where she directs policy development, advocacy efforts, and translation of research evidence about media and children. She authored the AAP policy statements *Media and Young Minds* (2016), *Digital Advertising to Children* (2020), numerous parent-facing resources to support healthy media use, and currently is co-Medical Director of the AAP Center of Excellence on Social Media and Youth Mental Health. Dr. Radesky is also editor of the forthcoming textbook *Encounters With Children*, 5th Edition, which teaches child development and behavior through a health equity lens. She received her M.D. cum laude from Harvard Medical School, completed pediatrics residency at the University of Washington/Seattle Children's Hospital, and completed Developmental Behavioral Pediatrics fellowship at Boston Medical Center.

Stephen T. Russell

Member

Stephen Russell, Ph.D., is Priscilla Pond Flawn Regents Professor in Child Development and Amy Johnson McLaughlin Director of the School of Human Ecology at the University of Texas at Austin. He is an expert in adolescent and young adult health, with a focus on sexual orientation and gender identity. His 2016 book, *Sexual Orientation, Gender Identity and Schooling: The Nexus of Research, Practice and Policy*, won awards from the American Psychological Association and the Society for Research on Adolescence. He has degrees in sociology from Wake Forest University (BA, 1988), College of William & Mary in Virginia (MA, 1989), and Duke University (PhD, 1994), and completed a postdoctoral fellowship at the University of North Carolina at Chapel Hill. He has served on the governing boards of the Society for Research in Child Development, National Council on Family Relations (and is an elected fellow), the Council on Contemporary Families, SIECUS: Sex Ed for Social Change, and the Society for Research on Adolescence (he served as President 2012-2014). He served on NASEM Consensus Committees for reports on *The Promise of Adolescence: Realizing Opportunity for All Youth* (2019) and *Understanding the Wellbeing of LGBTQI+ Populations* (2020).

Jane Waldfogel

Member

Jane Waldfogel, Ph.D., is the Compton Foundation Centennial Professor for the Prevention of Children's and Youth Problems at Columbia University School of Social Work and a Visiting Professor at the Centre for Analysis of Social Exclusion at the London School of Economics. She also co-directs the Columbia Population Research Center. Dr. Waldfogel has written extensively on the impact of public policies on child and family well-being, both in the US and in other countries. Her current research includes studies of poverty and social policy, work-family policies, and the future of families and child wellbeing. She is currently a member of the National Academy of Sciences Panel on Improving the Supplemental Poverty Measure (2021-2023) and previously was a member of the Committee on Planning the Evaluation of Programs under the U.S. Leadership against HIV/AIDS, TB, and Malaria Reauthorization Act (2009-2010), Committee on Strengthening Benefit-Cost Methodology for the Evaluation of Early Childhood Interventions (2008-2009), and Committee on Family and Work Policies (2001-2003). Dr. Waldfogel has an undergraduate degree in psychology and social relations and a master's degree in education. She received her Ph.D. in public policy from Harvard University in 1994.

Joanna L. Williams

Member

Joanna Lee Williams, Ph.D., is an associate professor in the Graduate School of Applied and Professional Psychology at Rutgers University. As a developmental psychologist her primary interest is the period of adolescence. Her scholarship focuses on understanding the role of race and ethnicity in individual and interpersonal contexts and in school settings. Specific areas of interest include racial-ethnic identity, racial-ethnic diversity in adolescent friendship networks, and social network equity in diverse schools. She currently is focused on co-producing research on these topics with young people. Dr. Williams is also involved in efforts to translate the science of adolescent development into useful recommendations and practices for parents, educators, and policymakers. She is co-director of the National Scientific Council on Adolescence and served on the National Academies of Science, Engineering, and Committee on Neurobiological and Socio-behavioral Science of Adolescent Development and its Applications. She is a faculty affiliate of Youth-Nex: The UVA Center to Promote Effective Youth Development, and the Center for Parent and Teen Communication at Children's Hospital of Philadelphia. She received her B.A. in Psychology and Biology from Brown University, her M.S.Ed. in Human Development from the University of Pennsylvania, and her Ph.D. in Developmental Psychology from Temple University.