

Addressing the Needs of an Aging Population through Health Professions Education: A Workshop

Committee

Donna Ferguson

Co-Chair

Dr. Ferguson possesses more than 22 years of broad, comprehensive experience bridging federal government service, academia, and the private sector. She is currently serving as the Department of the Army Criminal Investigations Command Mental Health & Wellness Program Manager. Dr. Ferguson has served in other career-enhancing positions, including Chief, Behavioral Sciences Education & Training Division, Chief, Behavioral Analysis and Research Branch, Licensed Mental Health Professional, Clinical Supervisor, and Adjunct Professor at Webster University and Drury University within their leadership, education, and counseling programs. She is the Department of Defense 2021 Recipient of the “Spirit of Hope Award” which is given to an individual or organization who epitomizes the values such as duty, honor, courage, loyalty, commitment, integrity, & selfless dedication, & who significantly enhances the quality of life of military service members & their families serving around the world. Her portfolio includes trauma/transgenerational trauma, Intimate Partner Violence, suicide prevention, sexual assault, grief and loss, diversity, equity, and inclusion, & curriculum development. As a Specialist in her field, she has been a keynote speaker, lecturer, and trainer to the U.S. Congress, DOD military commands, colleges and universities, mental health organizations, law enforcement agencies, and civic organizations. She is best known for her psychoeducational work titled “A tree called Trauma” teaching mental health professionals and clients how to understand trauma in order to correct its impacts. Dr. Ferguson currently holds a PHD in Counselor Education & Supervision, MA in Mental Health Counseling, Human Resource Management, and Human Resource Development, along with a BS in Psychology.

Andrea Pfeifle

Co-Chair

Andrea Pfeifle, Ed.D., PT, FNAP, became the first associate vice chancellor for Interprofessional Practice and Education (IPE) for Ohio State's seven health sciences colleges and the Wexner Medical Center in July 2020. Dr. Pfeifle came from Indiana University Interprofessional Practice and Education Center, where she served as its executive director for the past six years. She has an impressive and extensive career in education, working to advance interprofessional education and teaching collaborative practice models across medical and health science education programs for more than 25 years. In addition to directing the Interprofessional Practice and Education Center, Dr. Pfeifle was associate dean of Interprofessional Health Education and Practice and associate professor of family medicine at Indiana University School of Medicine and adjunct associate professor of physical therapy at Indiana University-Purdue University School of Health and Human Sciences. As associate vice chancellor for IPE at Ohio State, Dr. Pfeifle works with each health science college to further develop and implement a new curriculum for IPE, and creates new educational models of practice across the Wexner Medical Center to create a learning environment that best prepares students for the future of team-based care. Prior to joining IU, she worked at the University of Kentucky from 1998 to 2014 in various roles, including as instructor in the colleges of Health Professions and of Medicine, director of Education in the Department of Family and Community Medicine, chair of the Interprofessional Education Working Group and inaugural director of the Center for Interprofessional Education, Research, and Practice. Dr. Pfeifle earned her Doctor of Instruction and Administration, her Master of Science in instructional systems design and a bachelor's degree in physical therapy from the University of Kentucky. She completed a postgraduate fellowship in media design and production from the University of Kentucky.

Nicole Anselme

Member

Nicole Anselme, MBA, MSN, is a board-certified Critical Care Registered Nurse with 6 years of nursing experience in various specialties such as Emergency, Critical Care, Post-Anesthesia, Med/Surg, and School Nursing. She completed a Master of Science in Nursing in 2020 and is currently working towards completing an MBA in Healthcare Administration.

She possesses a strong passion for nurse innovation, design thinking, and strategy development to mitigate social determinants of health and improve population health in underserved communities. Her passion has been fostered through participation in hackathons and brainstorming events, as well as working towards developing an app to improve health literacy and patient outcomes.

Her professional interests include research and scholarly writing, discussing topics currently affecting the nursing profession, and exploring opportunities to support changes in nursing practice and education. She enjoys mentoring students and newly licensed nurses, and is a fierce advocate against nurse incivility and bullying.

Ricardo Custodio

Member

“Dr. Ric” is a family man, musician, farmer, pediatrician, and professor. He was born on Kwajalein in the Marshall Islands. His dad was a chief in the U. S. Navy, his mom was a cashier at the Navy Exchange. He went to Pearl Harbor Kai Elementary, Aliamanu Intermediate, and Radford High School. Throughout his 40 year career, he has provided health care to Hawaii’s poor and vulnerable population living in Kalihi, Hilo, Pahoa, Kau, Waianae, Nanakuli, Kapolei and Waipahu. He has overseen the design and build of multiple clinics and the implementation of many programs. This includes helping to start a health plan, a vaccine program, a medical school, a nurse practitioner residency, a health science division, and now a nursing program. All in underserved communities. Despite completing the 25th Grade, he never had a teacher or professor who was Filipino or Marshallese.

Elizabeth A. Goldblatt

Member

Elizabeth (Liza) Goldblatt, Ph.D., M.P.A./HA, is a founding board member of the Academic Collaborative for Integrative Health (ACIH). She was the Acting Executive Director for three years, the Chair of the organization for eight years and Vice-Chair for three years.

Dr. Goldblatt represents ACIH at the National Academy of Medicine Division of Health and Medicine (formerly the IOM) Global Forum on Innovations for Health Professional Education. She has been the official ACIH representative to the Global Forum for twelve years. She is the co-facilitator representing ACIH on the development of a national course that will support the advancement of interprofessional, collaborative, teambased, patient-centered care in partnership with the Academic Consortium for Integrative Medicine and Health, the national organization that represents integrative medicine physicians, nurses and allied health professionals.

She was a consultant on a recent Albert Einstein College of Medicine's PCORI grant to study group acupuncture approaches for chronic pain. She was on the leadership team of the National Center for Integrative Primary Health (NCIPH) leadership Team, housed at the University of Arizona, that developed a collaborative on-line course in Integrative Health for primary healthcare professionals. She was on the initial curriculum development team of the Duke Leadership Program in Integrative Health. In addition, she developed the doctoral and master's degrees at the Oregon College of Oriental Medicine in Portland, OR, where she was president for 15 years, has chaired multiple acupuncture/Oriental medicine accreditation site visits, co-founded two Doctorates of Acupuncture and Oriental Medicine (DAOM) programs, and was a member of the American College of TCM (ACTCM) doctoral faculty. Goldblatt is a leading educator in integrative health and medicine. Dr. Goldblatt has a Masters in Public Administration/Health Administration (MPA/HA) from Portland State University, Portland, OR, and earned her PhD from UCLA, Los Angeles, California, USA. She is currently an educational consultant focusing on interprofessional education and collaborative practice. From 2014-2017, she was the interim ED for ACIH. She served as Provost and Vice President of Academic Affairs at the American College of Traditional Chinese Medicine (ACTCM) from 2004-2014. From 1987-2003, Goldblatt was President of the Oregon College of Oriental Medicine (OCOM), Portland, OR. She served as President of the Council of Colleges of Acupuncture and Oriental Medicine (CCAOM), a national organization that represents over 50 colleges throughout the US from 1996-2002, was the CCAOM Vice-President from 1990-1996, and was on the CCAOM Executive Committee through 2013. Goldblatt co-chaired the Education Committee of the North American Acupuncture and Oriental Medicine Council from 1994-2006. She served on the Board of Trustees for Pacific University, Forest Grove, OR from 1994-2004.

Dr. Goldblatt has co-authored several articles and contributed to book chapters with a focus on integrative health, including the recently revised third edition of the Clinicians and Educators Desk Reference on complementary and integrative health and a recent NAM publication on organizational health and clinician well-being. She has presented at numerous national and international conferences on integrative health and medicine, and served on several committees and non-profit boards that promote access to health care, body/mind practices, and education.

She is currently on the Academic Collaborative for Integrative Medicine Board, on the Coastal Health Alliance Board of Directors, Point Reyes Station, CA and she is the

Treasurer of the Tibetan Nuns Project Board, an international organization that focuses on education and medical care for the Tibetan nun refugees in Northern India, who for the first time in history recently received the Geshe-ma degree from His Holiness the Dalai Lama in 2018. This degree is the equivalent of a Ph.D. in Divinity.

Greg Hartley

Member

Dr. Hartley is Associate Professor of Clinical Physical Therapy and Medical Education at the University of Miami Miller School of Medicine and is currently the Vice President (and immediate Past-President) of the Academy of Geriatric Physical Therapy, a component of the American Physical Therapy Association (APTA). Dr. Hartley is a Fellow of the American Physical Therapy Association (FAPTA) and the National Academies of Practice (FNAP). Dr. Hartley received a doctorate in physical therapy (DPT) from the University of Miami in 2010, a MSPT (physical therapy) from the University of Miami in 1990, and a BS (psychology/biology) from the University of Alabama in 1987. He is co-author of two clinical practice guidelines for physical therapists: "Physical therapist management of patients with suspected or confirmed osteoporosis" (2022) and "Management of falls in community-dwelling older adults." (2015) Dr. Hartley is the founding Program Director of the first APTA accredited geriatric physical therapy residency and he has served as both a Board member and Chair of American Board of Physical Therapy Residency and Fellowship Education. Clinically, he has practiced in home health, outpatient, sub-acute rehab, long-term care, acute care, and rehabilitation hospital settings. He has been an invited speaker for more than 130 national and regional presentations. Dr. Hartley's clinical and research interests are in geriatrics, interprofessional education/care, clinical reasoning, and physical therapist professional and post-professional education.

Jennifer Kim

Member

Jennifer Kim, DNP, GNP-BC, GS-C, FNAP, FAANP is a professor of nursing at Vanderbilt University School of Nursing (VUSN). She is a certified gerontological nurse practitioner (GNP) who has coordinated older adult health courses for VUSN nurse practitioner students since 2002. She is a graduate of the Doctor of Nursing Practice program at New York University College of Nursing (2015) and of VUSN's Master of Science of Nursing (MSN) program in (1997). She earned a bachelor of arts in sociology from University of California, Irvine in 1995. Dr. Kim works as a GNP in the long term care setting. She currently serves as the President-Elect of the Gerontological Advanced Practice Nurses Association (GAPNA), and was the founding president of the Gerontological Advanced Practice Nurses of Middle Tennessee. She is a Hartford Institute Primary Care for Older Adults Scholar (2012-2014) and Jonas Leadership Scholar (2012-2014). Dr. Kim was a certification exam writer for the inaugural APRN Gerontological Specialist certification exam, by the Gerontology Nursing Certification Commission. She was an elected member of the National Hartford Center for Gerontological Nursing Excellence (NHCGNE) Expert Panel on Gerontological Nurse Educator Competencies and was recognized by the organization as a Distinguished Educator in Gerontological Nursing in 2018. Also in 2018, Dr. Kim was inducted as a fellow into the American Association of Nurse Practitioners. She is currently VUSN's Principal Investigator (PI) of the Middle Tennessee Geriatric Workforce Enhancement Program and recently received funding for a digital literacy program that will be provided for older adults in an underserved north Nashville community.

Kathryn M. Kolasa

Member

Kathryn M. Kolasa, PhD, RDN, LDN, is Professor Emeritus and Affiliate Faculty in the Department of Family Medicine and a Professor of Pediatrics; Brody School of Medicine at East Carolina University. Dr. Kolasa earned her Ph.D. in Food Science from the University of Tennessee, Knoxville in 1974. Her Bachelor's Degree is from the Michigan State University in Home Economics with Communication Arts. She served on the Michigan State University faculty from 1974-1983. At East Carolina University she served as Chair of the Human Nutrition and Hospitality Management Department from 1983-86. She then joined the Department of Family Medicine and has held a joint appointment in the Department of Pediatrics from 2003-2013. From 2004 to 2020, she has served as Consultant to Vidant Health, a 9-hospital system in eastern North Carolina. She was awarded a Kellogg National Leadership Fellowship in 1986. She has worked internationally in more than 20 countries. She has served as a consultant to universities (including accreditation and program reviews), government and non-profit agencies, trade associations and the food and pharmaceutical industries and grant reviewer. She served as an external advisor to the Children's Healthy Living program, a childhood obesity prevention program in the American Pacific (2011-2016).

In 2008 she received the Centennial Award for Excellence—Service from East Carolina University. She was named a Master Educator at The Brody School of Medicine at East Carolina University and also received the ECU Board of Governors Distinguished Professor for Teaching Award in 2002. In 2003 she began serving as a consultant to the Nutrition Initiative of the University Health Systems (now ECU Health). In 2004, she was appointed to "FIT FAMILIES NC, A Study Committee for Childhood Overweight/Obesity". She provided leadership for the development and implementation of the Pitt County "Achieving Healthy Weight in Children Medical Nutrition Therapy Protocol adopted by pediatric practices throughout the country. Dr. Kolasa directed the Food Literacy Partners from 1998-2008. In 2001-2002 she played a leadership role in the preparation of the North Carolina Blueprint for Changing Policies and Environments in Support of Healthy Eating and was a member of the writing team for the three NC plans to combat Obesity. She has been writing a weekly nutrition column for the Daily Reflector, Greenville, NC since 1986. Dr. Kolasa is a Licensed Dietitian Nutritionist (LDN) and a member of the Society for Nutrition Education, the American Society for Nutrition, and the Academy of Nutrition and Dietetics. She serves on many advisory committees. In retirement she is a volunteer Affiliate faculty at the Brody School of Medicine where she teaches nutrition to medical students and residents as well as mentors junior faculty in publication and presentation. She is a contributing editor for Nutrition Today.

Cathy Maxwell

Member

Dr. Maxwell received her BSN and MSN from Troy University, and her PhD from Vanderbilt University in 2012. After completing a 2-year postdoctoral fellowship, she assumed a faculty position at Vanderbilt University School of Nursing in 2014.

Dr. Maxwell's research has centered around the concept of frailty. Dr. Maxwell is interested in empowering older adults to manage their personal trajectories of aging. She developed a frailty-focused communication aid and associated workshop to train health care professionals who work with older adults to engage in focused dialogue about proactive aging. Most recently, Dr. Maxwell received faculty seed funding to develop a video series on "mitochondrial fitness" aimed at promoting lifestyle change in the second half of life to mitigate the development of chronic conditions (i.e., neurodegeneration) and eventual frailty.

Lauren Mazzurco

Member

Dr. Lauren Mazzurco has been part of the Eastern Virginia Medical School (EVMS) community and faculty serving as an Assistant Professor of Medicine since January 2015. Prior to joining EVMS, she completed an osteopathic internal medicine residency at Botsford Hospital in Farmington Hills, MI and completed a 1-year clinical fellowship in geriatric medicine at University of Michigan, Ann Arbor, MI. This was followed by a VA special fellowship in geriatric medicine at the VA Ann Arbor Health System, Ann Arbor, MI. She then went on to complete a fellowship in hospice and palliative medicine also at the University of Michigan. Dr. Mazzurco practices in diverse settings, including an inpatient palliative care consult service and a skilled nursing facility where she supervises 3rd and 4th year clerkship students, internal medicine and family medicine residents, and geriatric medicine fellows. Most recently she has transitioned into the position of Associate Program Director for the Geriatric Medicine Fellowship at EVMS. Dr. Mazzurco is the Director for Case-Based Learning at EVMS and has served as the CO-PI on the AMA Accelerating Change in Medical Education Grant which has support integration of health system science, chronic disease prevention and management, and high value care into the undergraduate medical curriculum.

Senthil Kumar Rajasekaran

Member

Senthil Kumar Rajasekaran, MD., MMHPE is the Chief Academic Officer and Associate Dean for Academic Affairs at Khalifa University College of Medicine and Health Sciences in Abu Dhabi, UAE. He received his MD from Moscow State University of Medicine and Dentistry in his postgraduate medical pharmacology (MD) from Sri Ramachandra Medical University in Chennai, India. His work experience spans countries that include India, Ireland, Cayman Islands and the United States. He was on the staff as a faculty member at the National University of Ireland Galway in Ireland, and served in Decanal roles at St. Matthew's University, School of Medicine (SMU) in Grand Cayman, Wayne State University School of Medicine in Detroit, Michigan, USA, and Eastern Virginia Medical School (EVMS) in Norfolk, Virginia, USA. In his prior roles he was instrumental in establishing Centers for Excellence in Medical Education and served as its Founding Director.

Dr. Rajasekaran has been recognized by honorary fellowships from the American College of Clinical Pharmacology and the Academy of Medical Educators in the United Kingdom. He has received multiple institutional and national awards for teaching excellence and is a winner of the 2017, Costs of Care and American Board of Internal Medicine Foundation, Teaching Value Challenge. He has received multiple educational grants aimed at implementing educational innovations. His grant from the American Medical Association produced a handbook titled "Facilitating Medical Education Transitions Along the Medical Education Continuum". Dr. Rajasekaran was part of the 10-member working group convened by the WHO that led to the most recent publication of the Global Competency Framework. He is also a member of The Global Forum on Innovation in Health Professional Education at the National Academy of Medicine.

Dr. Rajasekaran has been involved in the LCME accreditation as a site team member and in his medical school leadership roles he has led their respective accreditation efforts. His area of medical education research includes accreditation, evaluating educational innovations in the areas and teaching and assessment. He serves as the Deputy Editor of the Teaching and Learning in Medicine journal and is active on multiple international medical education societies and organizations.

Joanne G. Schwartzberg

Member

Joanne Schwartzberg, M.D., is a Scholar-In-Residence at the ACGME, researching the experiences and well-being of physician residents throughout their training. Prior to joining the ACGME, as Director, Aging and Community Health with the American Medical Association, Dr. Schwartzberg developed multiple national programs to educate practicing physicians, residents and medical students in implementing the latest concepts and guidelines into everyday medical management. These programs reached between 10,000 to 30,000+ physicians on topics including post-acute care and care transitions, home and community based care, health literacy, patient safety, medication reconciliation, disability access, and older driver safety, with up to 75% of attendees implementing practice changes as a result (as reported 3-6 months after training). Dr. Schwartzberg has also served as an expert advisor on many panels and committees for governmental agencies (CMS, CDC, AHRQ, ODPHP, ASPE, HRSA, FDA and NHTSA) and private organizations (USP, ACGME, AAMC, IOM, NCQA, the Joint Commission).

Zohray Talib

Member

Zohray M. Talib, MD is Senior Associate Dean of Academic Affairs, Chair of the Department of Medical Education, and Professor of Medical Education and Medicine at the California University of Science and Medicine. Her experience spans the field of medical education and global health, with a particular focus on social accountability in health professions education. Dr. Talib is currently serving as the Co-Chair for the National Academy of Medicine's Global Forum on Innovations in Health Professional Education.

Dr. Talib has worked with medical education programs in the US and across Sub-Saharan Africa to bring best practices, especially into low-resource settings. Her particular areas of interest include community-based education and building a robust and diverse faculty workforce for institutions in underserved communities. Dr. Talib's research across ten countries in Africa sheds light on the value of bringing learners into community-based health care settings. Her research also examines the burden of mental health and strategies to integrate mental health into primary care. She has visiting faculty appointments at Mbarara University in Uganda, Aga Khan University in Kenya, and the University of Global Health Equity in Rwanda.

Dr. Talib brings to the field of academic medicine and global health the unique perspective of being a primary care clinician, educator, and researcher. She is a licensed and practicing internal medicine primary care physician. She teaches clinical medicine, health policy, and health systems to medical students. Dr. Talib was previously at the George Washington University where she was Associate Program Director for the Internal Medicine program and a researcher with the Health Workforce Institute.