

# **Strategies for Implementing Physical Activity Surveillance**

## **Committee**

### **Russell R. Pate**

#### **Chair**

Russell R. Pate, Ph.D., M.S., is Professor of Exercise Science at the Norman J. Arnold School of Public Health, University of South Carolina, Columbia. Dr. Pate's research interests and expertise focus on physical activity measurement, determinants, and promotion in children and youth. He also directs a national postgraduate course aimed at developing research competencies related to physical activity and public health. Dr. Pate is involved in the Centers for Disease Control and Prevention-funded Prevention Research Center at the University of South Carolina. His research includes studies on preschoolers' physical activity levels and how schools can influence these levels, as well as multicenter trials on the promotion of physical activity among middle and high school-age girls. Dr. Pate was a member of the Physical Activity Guidelines Advisory Committee of the U.S. Department of Health and Human Services (2008 and 2018) and served on the 2005 Dietary Guidelines Advisory Committee. He is a past President of both the American College of Sports Medicine and the National Coalition on Promoting Physical Activity. Dr. Pate served as a member of several obesity-related committees including the National Academies of Sciences, Engineering, and Medicine's Standing Committee on Childhood Obesity Prevention, the Roundtable on Obesity Solutions, and was the Chair of the Committee on Fitness Measures and Health Outcomes in Youth. He received a Ph.D. in exercise physiology from the University of Oregon.

## **Genevieve Dunton**

### **Member**

Genevieve Dunton, Ph.D., M.P.H. is an Associate Professor of Preventive Medicine and Psychology at the University of Southern California. Dr. Dunton's research examines the etiology of health behaviors related to chronic disease risk in children and adults, with a focus on physical activity and nutrition. Dr. Dunton is the Director of the USC REACH (Real-Time Eating Activity and Children's Health) lab, whose goals are to develop, test, and apply real-time data capture methodologies, including EMA and wearable sensors, to better understand the effects of time-varying psychological, social, and environmental factors on eating and physical activity episodes. She is the PI on six large studies funded by the National Institutes of Health and the American Cancer Society, author of over 120 peer-reviewed publications, and past Chair of the American Public Health Association Physical Activity Section. She is also a member of the National Academy of Sciences Panel on Physical Activity Surveillance. She earned a doctorate in health psychology from the University of California, Irvine and an M.P.H. from the University of Southern California. Dr. Dunton received post-doctoral training in physical activity, nutrition, and cancer prevention from the Cancer Prevention Fellowship Program at the National Cancer Institution, where she worked in the Health Promotion Research Branch.

## **Elizabeth A. Joy**

### **Member**

Elizabeth Joy, M.D., M.P.H., is the Medical Director for Community Health, Health Promotion and Wellness, and Nutrition Services at Intermountain Healthcare in Utah, and practices family medicine and sports medicine at the Salt Lake Clinic Live Well Center. She is an adjunct professor at the University of Utah School of Medicine in the Department of Family and Preventive Medicine. Dr. Joy served as president of the American College of Sports Medicine (ACSM) (2016-17). She serves on the Exercise Is Medicine Governance Committee for the ACSM, and chairs the Healthcare Workgroup for the National Physical Activity Plan. She completed her master's degree in Public Health at the University of Utah and received her M.D. from the University of Minnesota.

## **Keshia M. Pollack Porter**

### **Member**

Keshia M. Pollack Porter, Ph.D., M.P.H., is Professor of Health Policy and Management at the Johns Hopkins Bloomberg School of Public Health. Her research advances policies that create safe and healthy environments where people live, work, play, and travel. Dr. Pollack Porter focuses on identifying policy solutions to prevent injuries, promote active transportation and play, address social determinants of health, reduce disparities, and advance health equity. She directs the national CDC-supported Physical Activity Policy Research Network Plus (PAPRN+), which advances the dissemination and implementation of policies and programs that promote physical activity and address inequities. Dr. Pollack Porter also works on optimizing the use of health impact assessment and related approaches to advance health in all policies at the local, state, and federal levels. Dr. Pollack Porter received a doctorate in health policy from the Johns Hopkins Bloomberg School of Public Health and an M.P.H. in chronic disease epidemiology from the Yale School of Public Health.

## **Daniel Rodriguez**

### **Member**

Daniel Rodriguez, Ph.D., M.S., is Chancellor's Professor of City and Regional Planning and Associate Director of the Institute for Transportation Studies at the University of California Berkeley. His research focuses on the relationship between transportation, land development, and the health and environmental impacts that follow. His most recent work focuses on the health and equity impacts of urban transportation policy. Prior to joining Berkeley, Dr. Rodriguez served in the faculty of University of North Carolina, Chapel Hill, where he was Distinguished Professor of Sustainable Communities in the Department of City and Regional Planning and Adjunct Professor in the Department of Epidemiology. Dr. Rodriguez earned a doctorate in regional and urban planning from the University of Michigan and an M.S. from the Massachusetts Institute of Technology.

## **James F. Sallis**

### **Member**

James F. Sallis, Ph.D. is Distinguished Professor of Family and Preventive Medicine at the University of California, San Diego and Director of Active Living Research, supported by the Robert Wood Johnson Foundation. Dr. Sallis' primary research interests are promoting physical activity and understanding policy and environmental influences on physical activity, nutrition, and obesity. He has made contributions in the areas of measurement, correlates of physical activity, intervention, and advocacy. Dr. Sallis' health improvement programs have been studied and used in health care settings, schools, universities, and companies. He is the author of more than 500 scientific publications, co-author of several books, and a member of the editorial boards of several journals. Dr. Sallis is a frequent consultant to universities, health organizations, and corporations worldwide. He received his Ph.D. in clinical psychology from Memphis State University.

# Laurie Whitsel

## Member

Laurie Whitsel, Ph.D., FAHA, is currently the Vice President of Policy Research and Translation for the American Heart Association, helping to translate science into policy at a national level in the areas of cardiovascular disease and stroke prevention and health promotion. She focuses on the AHA's prevention policy portfolio and has written numerous published papers in the area of nutrition, physical activity, and obesity prevention, and has led the development of the AHA's strategic policy agenda. Whitsel helps manage several national relationships for the American Heart Association with key public health partners and serves on the Board of Directors for the Health Enhancement Research Organization and the National Coalition for Promoting Physical Activity. She has served on the expert panel for the Alliance for a Healthier Generation's Healthy Schools Program, she has been a sector co-leader for implementation of the National Physical Activity Plan, she participated on a national healthy restaurant initiative with the RAND Corporation, and has served as a reviewer for numerous peer-reviewed scientific journals, the Centers for Disease Control and Prevention's School Health Policies and Programs Study and the CDC's School Health Guidelines to Promote Lifelong Healthy Eating and Physical Activity Among Young People. She leads the AHA's strategic plan for physical activity. She is also a member of the AHA's National Scientific Council on Lifestyle and Cardiometabolic Health. She received a doctorate in nutrition science from Syracuse University.